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## 'SLAM DUNK'

**As Justice Denny Thomas finds Travis Vader guilty of second-degree murder, an expert predicts an appeal will easily overturn the ruling**

**metroNEWS**

## 'Stereotypes' under fire

### COURTS

### More reviews into handling of sex-assault cases launched

Reviews are underway into how two Alberta provincial judges handled recent sexual-assault cases, but their conduct is being dissected behind closed doors.

One case centres on Justice Pat McIlhargey's June 2015 acquittal of a 16-year-old boy accused of raping a 13-year-old girl in a park. Last month, in ordering a new trial, a Court of Queen's Bench judge said McIlhargey allowed "unexplained myths and stereotypes to enter his assessment of the complainant's credibility."

In his decision, McIlhargey said the complainant didn't scream, run for help, confide in friends or family or show any change in her demeanour.

In the second case, Judge Michael Savaryn acquitted a 15-year-old boy of allegations that he grabbed the breasts and buttocks of a girl, also 15, in a high-school hallway and tried to kiss her. In his decision, Savaryn said the complainant did not do enough to communicate that the boy's advances made her uncomfortable.

In July, the acquittal was overturned by a higher court judge. The boy was convicted and awaits sentencing.

Ron Hewitt, executive director of the Provincial Court of Alberta, said Thursday that Chief Judge Terrence Matchett is reviewing how the judges handled the cases but he declined to elaborate.

The reviews come after a high-profile disciplinary hearing for Robin Camp, a former Alberta provincial court judge, who asked a sex-assault complainant why she didn't keep her knees together.

THE CANADIAN PRESS

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# Research helping trans people find their voice

LGBTQ ISSUES

## Study to look at ways speech is perceived



**Alex Boyd**  
Metro | Edmonton

Stephanie Shostak has spent the last year working to undo the male speech patterns she learned over a lifetime.

"I've always known that men and women express themselves differently," Shostak said. "It's not just pitch, because anybody can raise the pitch of their voice."

Shostak is transgender, and last October, she started working with speech language pathologist Teresa Hardy on a crucial yet rarely discussed part of her transition: matching her voice to her female identity.

"You have to have the proper intonation, and it's not even just about the voice that's coming out of your mouth; it's about the gestures that you use when you're speaking."

Hardy is also a PhD student in rehabilitation medicine at the University of Alberta and has started a new study examining the different ways speech is perceived as either "male" or "female."

Pitch may be determined by anatomy, Hardy said, but there



Stephanie Shostak says she's made "tremendous progress" with speech language pathologist Teresa Hardy. KEVIN TUONG/FOR METRO

are a range of subtle cues embedded in language that we pick up on and use to make assumptions about gender.

The study will tease out differences in vocabulary, expression and tone.

Hardy said a common theme with her clients is they want the way they express themselves to match the way they feel.

Transgender people still face barriers when it comes to employment, education and even

health care, Hardy said.

She added her work helps clients live the life they want but also ensures they're not outed when they don't want to be.

Hardy is now recruiting transgender women to participate. Participants will be recorded as they retell a story, but motion-capture technology will be used to record them as moving stick figures, so their faces won't be shown. Other participants will later be asked to answer ques-



**Wouldn't anyone want their voice to match their identity?**

Stephanie Shostak

tions about the recordings.

Shostak, who's part of the study, points out Hardy is the only publicly funded speech language pathologist working with the transgender community in Edmonton. People wait up to a year to see her.

"In a way it's astonishing be-

cause we need more health-care professionals working in this field," Shostak said.

She added that speaking in a way reflective of one's true self avoids the embarrassment of people mistaking gender.

"Wouldn't anyone want their voice to match their identity?"

SPEECH

## Trump hat leaves school in turmoil



**Helen Pike**  
Metro | Calgary

It's red, fits him nicely and his friends like it. These are three of the many reasons Matt Linder has been wearing his "Make America Great Again" hat on campus at Mount Royal University — oh, plus he's a recently converted Trump supporter.

But his hat's life on campus was short-lived. On Wednesday, a video posted on Facebook shows Linder in a verbal altercation with Zoe Slusar, who asks him to take off the offending cap.

In the video, she says if he doesn't remove the red hat, she will call on the school's president.

"It was impossible to communicate to him why wearing a hat in support of a movement grown on the seeds of racism, bigotry and exclusion of diversity (sexual and cultural) could make some people afraid," Slusar wrote on Facebook.

Linder says it was ridiculous he was asked to lose his hat because it "could offend some people."

"Religious symbols could be offensive to atheists, and ads for meat products could be offensive to vegans," he said. "I'm no longer going to be wearing the hat, to keep the peace. But I'm going to talk to faculty and spread the word. I don't want any other student harassed for what they want to wear or for their political beliefs."



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From left: Nicole Walshe, daughter of Bret McCann, Bret McCann and his wife Mary-Ann McCann walk out of the courthouse after Travis Vader was convicted of two counts of second-degree murder of Lyle and Marie McCann in Edmonton on Thursday. Inset: **Lyle and Marie McCann**. THE CANADIAN PRESS

# McCann family finds relief in guilty verdict

## COURT But son still has questions for murderer Travis Vader

The son of an Alberta couple who disappeared while driving to a camping trip with family more than six years ago said Thursday that a murder verdict in their deaths is a huge relief to the family.

But while the agonizing wait for the judge's decision is over, questions about how Lyle and Marie McCann died remain.

"We don't know exactly what happened on that afternoon ... and probably never will," Bret McCann said outside court after Travis Vader was found guilty of second-degree murder.

"The convicted person will need to talk and we're not optimistic that will happen."

He recalled promising years ago that the family would never stop looking for the McCanns, but on Thursday he admitted the search was over.

"I have to stand down. I'm

sorry, mum and dad, I can do no more. I hope that some day, somehow you will be found. I take joy in the legacy you have left behind.

"Our memory of you will last forever."

Queen's Bench Justice Denny Thomas said there was no reasonable doubt that Vader killed the McCanns during a robbery, but there was nothing to suggest he planned to do so.

Thomas said Vader was a desperate drug dealer who was addicted to meth and had no money or food when he crossed paths with the couple west of Edmonton on July 3, 2010.

"I cannot conclude beyond a reasonable doubt that Mr. Vader killed the McCanns in a planned and deliberate manner," Thomas said in a decision that was broadcast live from court.

"The killing of the McCanns was not a first-degree murder. It is therefore a second-degree murder."

Vader, dressed in a suit and white shirt, clenched his hands together when the verdict was read and briefly glanced at his lawyer, Brian Beresh.

Members of the McCann

family gasped. Bret McCann sat in the front row of the courtroom between his daughter, who put her arm around her dad, and his wife Mary-Ann, who had her head on his shoulder.

When the judge left the courtroom, McCann beamed a big smile as his family and friends hugged each other and cried.

Thomas also rejected a Crown scenario in which Vader killed one of the McCanns during the robbery and then killed the other to eliminate a witness. The jus-

have never been found, but Vader's DNA and a fingerprint were found in their SUV. The vehicle and the couple's burned-out motor home were discovered days after the seniors vanished.

"The McCanns and their property were likely nothing more than a target of opportunity — an opportunity that Mr. Vader took," Thomas said.

Beresh said his client will appeal the verdict. He said the judge appears to have constructed his own version of what

**"I cannot conclude beyond a reasonable doubt that Mr. Vader killed the McCanns in a planned and deliberate manner."**

Justice Denny Thomas

tice said there were other possibilities as to how the couple died.

The conviction carries an automatic life sentence, but a sentencing hearing still needs to be held to determine Vader's parole eligibility. Thomas said he would set a date for that hearing on Oct. 3.

The bodies of the McCanns, who were both in their late 70s,

happened based on circumstantial evidence.

"We want to review the decision," Beresh said. "There will be an appeal based upon what we think are errors in the judgment."

The prosecution called forensic evidence suggesting Vader's DNA and a fingerprint were found on several items key to the

case, including a can of Boxer beer found in the SUV the McCanns had been towing. The defence argued that only proved Vader had "incidental contact" with the vehicle.

The defence suggested a friend of Vader's who died five years ago might have killed the McCanns.

Crown prosecutor Ashley Finlayson said he was pleased with the verdict in what he called a long and difficult case.

Finlayson said in the end Thomas accepted the Crown's theories based on DNA and cell-phone evidence and witness testimony.

"Because it was a circumstantial case, it was very important that those little bits of evidence be accepted ... to complete the picture — it is almost like a jigsaw puzzle," he said.

Bret McCann said his parents were kindred spirits, who were married in 1952, loved being together and had a happy life that ended too early.

"It is so, so sad that my parents didn't live to fully enjoy their golden years, did not live to enjoy their great-grandchildren."

"They and us were robbed of this happiness." THE CANADIAN PRESS

## LAW Expert's doubts

At least one legal scholar says a judicial oversight may invalidate the verdict that found an Alberta man guilty of second-degree murder.

Travis Vader was convicted Thursday in the deaths of seniors Lyle and Marie McCann, a case that bedevilled police, haunted the victim's family and fascinated the public since the couple's burned-out RV was found in 2010.

But Peter Sankoff, a University of Alberta law professor who specializes in legal issues in criminal trials, said Queen's Bench Justice Denny Thomas used an invalid section of the Criminal Code in his decision.

"I'm pretty confident that the ruling can't stand," Sankoff said.

He noted that Thomas used Section 230 of the Criminal Code in his written judgment convicting Vader. Thomas referred explicitly to that section in finding Vader guilty of second-degree murder.

"When (Thomas) relies on Section 230 to convict, he can't do that. Section 230 doesn't exist."

The section allows for a murder verdict if a wrongful death occurs during the commission of another crime, such as robbery.

However, Section 230 was found unconstitutional in 1990 by the Supreme Court.

The revised definition of murder states a killing must be intended in order to be murder, which the Crown was unable to prove against Vader.

"The Supreme Court's been very clear," said Sankoff.

"You must have an intention to cause death to be guilty of murder. There's no finding that Vader ever intended to cause death."

Although Section 230 has not been in force for 26 years, it has never been repealed and still remains in the Criminal Code. Sankoff suggests Thomas erred.

"It's very easy to get things wrong, because, you know, you forget. (The section) is sitting there."

Defence lawyer Brian Beresh said he noticed the issue as well.

"We're most disappointed with that, and it's likely that we will file a notice of appeal tomorrow on that basis," he said. "It may be that the defence will ask for a mistrial." THE CANADIAN PRESS



Justice Denny Thomas speaks to the media after delivering his verdict in Edmonton on Thursday. KEVIN TUONG/FOR METRO





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## POWER

## Aid pledge in push for renewable goal

Alberta will offer financial aid to renewable power projects worth \$10.5 billion to achieve its goal of having 30 per cent of its power come from renewable sources by 2030, Environment Minister Shannon Phillips announced Wednesday.

She said the province must add 5,000 megawatts of electricity generating capacity from wind, solar and hydro projects to fill the gap as coal-fired generation is eliminated.

However the cost isn't known yet, she said, nor are details of how new projects will be selected. The province intends to screen requests for support from private developers through an auction, but Phillips said the details won't be announced until November.

"Its goal is to provide the most certainty in terms of the support from the people of Alberta and at the lowest cost," she said.

About half of Alberta's power came from coal-fired plants in 2015. Alberta Energy estimates that as of June, about 39 per cent of the provincial capacity of 16,300 MW came from coal and 44 per cent from natural

gas. Phillips said Alberta expects about 70 per cent in 2030 will be generated by natural gas.

Sara Hastings-Simons of the Pembina Institute environmental group said Alberta has chosen the right path to achieve a cleaner supply of electricity in the future.

"I think the clear commitment to the 30 per cent renewables is going to send a clear signal to investors and provide the kind of certainty you need to see these billions of dollars of investment coming into the province," she said.

In a report Wednesday, Pembina estimated that an accelerated phase-out of coal generation in Alberta could result in 600 fewer premature deaths, 500 fewer emergency room visits and save nearly \$3 billion in socioeconomic value of avoided health outcomes linked to coal pollution between 2015 and 2035.

Phillips said she expects plenty of interest from the private sector to fuel a renewable energy building boom, judging from preliminary filings with the Alberta Electric System Operator.

THE CANADIAN PRESS

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Phillips said money for the program may come from Alberta's carbon levy, expected to bring in \$3 billion in fiscal 2017-18.

# Two hours too few for irked residents

## TRAFFIC

## Rogers Place restrictions causing chaos in Chinatown



Ryan Tumilty  
Metro | Edmonton

Residents in Chinatown are angry about new parking restrictions that took effect with the opening of Rogers Place.

The city imposed two-hour maximum parking — between 97 Street and 96 Street and 107 Avenue to 105 Avenue — between 9 a.m. and 11 p.m. in early September as the arena opened.

But Georgina Fiddler said the change is aggravating because it didn't come with an exception for residents.

"You can't park near your house. You can't even have people over dinner," she said.

Shane Whiteley, who also lives in the area, said while residents have some access to back lanes, parking there makes vehicles less visible and easy targets.

"Parking in the back lane in this neighbourhood is bad, because there is vandalism, theft and break-ins," he said.

Whiteley said he doesn't understand why the city can't offer an exemption for residents as it does in other neighbourhoods like the Garneau and around Commonwealth Stadium.

Brian Murphy, Edmonton's general supervisor of street parking operations, said the changes were brought in because of Rogers



Chinatown resident Georgina Fiddler stands on 97 Street Thursday. KEVIN TUONG/FOR METRO

Place and the city consulted with the Chinatown Business Association about the new parking rules.

He said while there is not resident exemption now, that could change — but the arena opening demanded action.

"A residential parking program takes a lot more time to put in than simply restrictive parking on the street," he said.

"It's a harsh line, but the city does not guarantee a parking spot for residents on the public road right away, but by applying the two-hour restriction we are guaranteeing they will find a spot."

Fiddler said she feels the

change is the latest sign the city doesn't think about the residents who live in Chinatown.

She said the concentration in Chinatown of services for vulnerable people is a problem and residents feel they aren't considered when the city makes decisions.

"How much more are we expected to have to have shoved down our throats?"



**It's like the last blow. Now you've taken our parking.**

Georgina Fiddler

Fiddler added the parking changes make it feel like the city simply doesn't want residents in the community.

"It's like the last blow. Now you have taken our parking away, do you want us to just go?"

She said the concentration in Chinatown of services for vulnerable people is a problem and people living in the neighbourhood feel they aren't considered when the city makes decisions.

"How much more are we expected to have to have shoved down our throats?"

She said the parking changes make it feel like the city simply doesn't want residents in the community.

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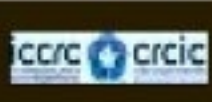
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Education Minister David Eggen has warned Pastor Brian Coldwell that there will be consequences if he doesn't co-operate with LGBTQ guidelines. METRO FILE

## Time ticking for private schools

### EDUCATION

**Deadline is Friday for pastor to deal with guidelines**



**Ryan Tumilty**  
Metro | Edmonton

An Edmonton-area pastor has until Friday to show how the two religious schools he operates fall in line with new provincial LGBTQ guidelines.

And Education Minister David Eggen is warning him there will be consequences if he doesn't.

Eggen sent a letter to Pastor Brian Coldwell, who's also chair of the Independent Baptist Christian Education Society, demanding to see school policies that could assure him that Coldwell has committed to follow the provincial legislation.

The society runs two schools in Parkland County — and Coldwell has said the government is imposing a position on the school that's inconsistent with his faith.

Eggen said he doesn't know

what Coldwell will do on Friday.

"School boards across the province have been so co-operative in working with us collaboratively that this is an outlier. I really don't know what to expect."

The minister said Coldwell's comments have been damaging and suggest that he is ignoring school legislation.

"It's unfortunate, because not only has he been very vocal about flouting the law, (but) by broadcasting that to the province he has pushed that conversation back."

The private schools Coldwell operates receive significant public funding and have about 200 students in total.

Eggen said the province could cut the school's funding, but is hoping to avoid taking drastic measures that could affect students.

"The government of Alberta has a lot of options available to us, in terms of funding, in terms of registering an entity as a school and other options as well," he said.

"I am just hoping reason will prevail, because the stakes are high."

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### TOLERANCE

## 'Pick a washroom' sign a mistake: Restaurateur



**Kevin Maimann**  
Metro | Edmonton

The owner of a Red Deer diner admits it was a mistake to put up a sign that some passersby deemed homophobic and transphobic.

Scott Shaw put up the sign Wednesday night, reading, "Its (sic) Adam and Eve not Adam and Steve! Pick a washroom." Uproar hit the diner's Facebook page

within hours, and Shaw took the sign down in the morning.

"I didn't mean it to hurt people that are already hurting," he told Metro Thursday.

"I did something that was inappropriate. I admit it 100 per cent."

Shaw said the diner tries to use humour in its signs, and the one that went up Wednesday was spurred from a discussion about gender-neutral washrooms and the possibility of his diner being pressured to put in another

washroom.

He said he is not homophobic, transphobic, or religious. Shaw said he is fully aware that being gay or transgender is not a choice someone makes.

"The comment was ... it doesn't matter if we're putting another washroom in. It doesn't matter if you're a man in a woman's body, you can use the washroom you want," he said. "It's table talk. This went too far. The more I say, the stupider I look about it."

Shaw posted a brief apology on Facebook and the diner's account was later deleted. The discussion also flooded onto Twitter, with many users suggesting Shaw is a bigot.

Shaw said he intends to speak with a local LGBTQ group and apologize directly to those who were offended, rather than fueling more commentary on social media.

"They're the ones that can make a judgment if I'm sincere or not," he said.

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## POLITICS

## Kenney to pursue Wildrose merger

Alberta MP Jason Kenney says he will still pursue a unity agenda even if he wins the Alberta Progressive Conservative leadership race but fails to get support from party members to merge with the right-centre Wildrose party.

Kenney's comments came in an email Thursday from his campaign team after it was asked to respond to a leaked internal email from one of his organizers.

Rather than respond to the email, Kenney's campaign team sent a transcript of remarks it said Kenney made at a meeting in Edmonton on Wednesday night.

According to the transcript, Kenney was asked what he would do if PC rank and file refuse to give him a mandate to broker a merger deal with the Wildrose.

"If those negotiations do not succeed, or if the members in their wisdom refuse to ratify an agreement for a new party,

I would gracefully respect their judgment or the outcome," Kenney responded, according to the transcript.

"I would also respect my mandate as the leader of the Progressive Conservative party to carry on, to build a platform for unity in the future.

"I have a background and proven record that a lot of my Wildrose friends will respect. And in the event of a failed merger, I think they might be willing to give the PC party a second look if they have somebody that they trust in a leadership position."

Kenney's team declined to make him available for comment.

The comments came after a leaked internal email sent Wednesday from one of Kenney's organizers, former Edmonton MLA David Dorward, stated that Kenney is wedded to the PCs whether or not he wins the leadership race, which begins Oct. 1. THE CANADIAN PRESS

## GENDER EQUALITY

## Minister applauds commission reversal

Alberta's minister for the status of women says shareholders making decisions about publicly traded companies deserve information on the number of women on boards and in executive suites.

Stephanie McLean made the comments Thursday at a meeting with her federal and provincial counterparts in Edmonton.

McLean was referring to a decision by the Alberta Securities Commission this week to revisit a decision it made two years ago to not compel companies it oversees to dis-

close the number of women employed in senior positions.

The ASC says it is revisiting that decision on the urging of Premier Rachel Notley's government.

It says it previously didn't believe the issue was within its mandate, but now says it is.

McLean says statistics show that nine out of every 10 chairs in Alberta-based TSX companies are occupied by men, and says a spotlight needs to be put on that disparity.

THE CANADIAN PRESS

# Arena in the right spot: Don Iveson

## ROGERS PLACE

## Mayor defends decision based on development potential



Ryan Tumilty  
Metro | Edmonton

Mayor Don Iveson says Rogers Place was built in the location that had the most potential to revitalize downtown.

Iveson's comments come after an exclusive report from Metro Wednesday, which revealed a consultant hired to rate arena locations in 2008 ranked three other spots higher than the current Rogers Place site.

Architecture firm HOK wrote the report, though it was withheld from the Edmonton public for eight years, before being released this week.

That report identified a site on 106 Street near Jasper Avenue, as well as two sites in the Quarters, as having better potential for an arena.

It also said the current Rogers Place site came with an increased cost to cross 104 Avenue — which, ultimately, became the multi-million dollar Wintergarden.

Iveson, who was a councillor at the time the report was submitted to council, said all potential sites for the new arena came with trade-offs.

"Each one of them had different challenges. So, for example, any of the other sites would have required land assembly from multiple owners," he said.

Iveson said the Wintergarden



Rogers Place opened last week. A newly-public report suggested the spot it was built was not the best in Edmonton. KEVIN TUONG/FOR METRO

was an added cost — it ended up costing \$56.8-million, with the city paying \$25.1 million — but believes Edmontonians are embracing it.

"It's built, so it is what it is and I think people have responded very positively to it."

Iveson also said the multiple land owners challenge at other sites would have lead to difficult and expensive negotiations.

"I suspect assembling the land for any one of those sites would likely have been much more expensive [than the Wintergarden]."

Executive director of the

**“It's built, so it is what it is and I think people have responded very positively to it.”**

Mayor Don Iveson

Downtown Business Association Jim Taylor agrees.

"You needed somewhere where you could build and where we built it was nothing but fields," he said.

Taylor also said the HOK report was well-meaning, but he has no doubt the arena was built exactly where it belonged.

"Fortunately, we never listened to them."

Iveson echoed that point.

He said the current Rogers Place was once vacant land and building it there will ensure development — and ultimately make sure the city recoups its investment in the community revitalization levy (CRL).

"I think this works. I think Edmontonians are happy and I think the CRL is going to be paid back quickly."



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10309 34th Ave.  
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St. Albert Centre  
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### Stony Plain

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## MURDER TRIAL

## Parents caused diabetic teen's death: Crown

The Crown says a Calgary teen who died of starvation and untreated diabetes was doomed and trapped by the "two people with the power to save him."

"What little life he was allowed in the end was marked by pain, by sickness and by a profound loneliness that must come from knowing the world is not for you," Crown prosecutor Susan Pepper said Thursday at the first-degree murder trial of the teen's parents.

Emil Radita, 59, and his 54-year-old wife, Rodica, have pleaded not guilty to first-degree murder in the 2013 death of 15-year-old Alexandru. The teen, who was one of eight children, weighed just 37 pounds when he died.

Pepper said the Raditas, who refused to accept that Alexandru had diabetes, failed to provide regular insulin injections, regular nutrition, regular medical care and critical medical care for

their son.

"Alexandru could live but only if he could live without insulin. Alex could no more live without insulin, than he could live without a heart," Pepper said.

The boy was found horribly emaciated and wearing a diaper in his parents room when 911 was called. He had no body fat and several sores on his body, including one that dissolved the soft tissue on his neck.

"He was as dependent as an infant in the end, with no one in the world outside of the family. His parents were the sole keepers of his life," she said.

"And they withheld that life by denying him insulin, food and medical care. In so doing, their actions were a substantial cause of his death."

Closing arguments are to wrap up Friday with a rebuttal by the defence.

THE CANADIAN PRESS



Teachers Cheryl Lyster, Sheldon Durstling and Angie Barron have created a new lesson-sharing site called Ninja Plans.

CONTRIBUTED

## App shares lesson plans

### TECHNOLOGY

### Education resources now available online for teachers

When you're a student, starting a new grade means new school supplies and a fresh start.

But when you're a teacher it's that — plus a small mountain of paperwork.

A new app is aiming to provide teachers help with that mountain.

"A change in grade is exciting but it can be super overwhelming because of all of the work that goes into it," said elementary teacher Cheryl Lyster of the lesson-planning, worksheet-making and test-prepping required to prepare for the first day of school.

If it's a grade they haven't taught before, it's even more intense.

That's why she joined with fellow teachers Sheldon Durstling and Angie Barron to create Ninja Plans, a one-stop online-shop for teachers looking to share.

Launched last November, the Alberta-wide site allows teachers to both upload and download resources for their classroom. And it's proving popular — not only has the site weathered its first back to school season but down-

loads have increased 400 per cent since January, Lyster said.

The site now has 3,500 registered users and has had a quarter million page views.

While teachers have long relied on friends or seasoned colleagues for help with classroom prep, Lyster said the app takes it to the next level.

She described it as harnessing the work of a community to give students the best education possible.

"Ultimately you're in the industry to help children, to help students. Something I maybe spent hours and hours on will help another educator, but it will also help hundreds and hundreds of students," she said.

There's also a community section where teachers can chat about ideas for lesson planning or classroom activities.

The idea grew out of the network of Facebook groups and Google docs that teachers used to share plans for years, but that eventually got too big and unwieldy to manage.

Lyster said they're treating it as a business and hope to use ad revenue to cover operating costs, though they're clear they won't charge teachers for the service.

Ultimately though, she said it's about giving a hand to hard-working teachers.

"We add the same tag onto everything we do: Sharing is caring."

**“A change in grade is exciting but it can be super overwhelming because of all of the work that goes into it. Cheryl Lyster**



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# Grocery store to get a facelift

## ART AND DESIGN

### Vignettes 4 takes over former Sobeys this weekend



**Kevin Maimann**  
Metro | Edmonton

Art will transform a former downtown grocery store into an installation wonderland this weekend.

Vignettes 4 is temporarily taking over the old Sobeys on Jasper Avenue and 104 Street, where 10 teams — each composed of a designer, a visual artist, a craftsperson and a contractor — will unveil elaborate projects.

"They get all the product donated to them and they do these crazy installations. So you'll see anything from modern stuff, shabby chic to pretty incredible installations

of furniture," said Vignettes creator Leigh Wright.

He added this weekend's event will be "way bigger" than those in past years.

Each team had a month to draw up a concept and a week to get it in place for the weekend.

One of last year's projects, when Vignettes was held at the Sugar Swing Ballroom, was a southwest-style patio that was made from reclaimed wood with a tin roof that had a live bluegrass band playing on it.

With more space at the new location and more time given to the artists, this year's projects are primed to be a step up.

"We have one that even has a full-size tree in their vignette and lights hanging off of it," Wright said.

People will also get to witness a \$100,000 Lexus getting splattered with paint on Friday night (running from 3 to 10 p.m.), and take in silk screening and cocktail-making



**You'll see anything from modern stuff, shabby chic to pretty incredible installations of furniture.**

Creator Leigh Wright

sessions, as well as a bouncy castle for kids on Saturday from 9 a.m. to 4 p.m.

Vignettes 4 is free, but it is a fundraiser and donations will be accepted for the Canadian Progress Club, which directs money to local children's charities.

The event is being put on by Mojo Design Inc. and the Edmonton Economic Development Corporation.

Vignettes will follow up with an exclusive dining event on Sept. 24, when four temporary restaurants will be set up around 104 Avenue.



**Leigh Wright** is excited for the installations planned for this year's Vignettes. "We have one that even has a full-size tree in their vignette and lights hanging off of it," he said.

KEVIN TRUONG/ FOR METRO

## GOING OUT

# White Lightning and dark skies forecast for this weekend

## FRIDAY

**Dark Sky Campfires** at Elk Island National Park, east of Edmonton on Highway 16.

Elk Island is launching its weekly Dark Sky Campfires series, giving city dwellers a chance to leave the lights behind for an evening of stargazing. Pack your bug spray — the evening starts at 8:30 p.m.

## SATURDAY

**Chili Cookoff for Kids With Cancer** at The Pan Tree, 220 Lakeland Dr., Sherwood Park

The Pan Tree is gearing up for its fourth annual chili cookoff, which will see members of Strathcona County Emergency Services Fire Department and RCMP duke it out in the kitchen.

A ticket will allow you to sample a bowl of each of the

competitors' chilis, and proceeds will go to The Kids with Cancer Society. From noon to 3 p.m.

**Motorcycle Ride for United Way** at Finning Canada, 10910 170 St

Finning Canada's seventh annual ride will traverse 270 kilometres through Villeneuve, Onoway, Sangudo and Magnolia before returning to

Edmonton. Registration (from 8:30 a.m. to 9:30 a.m.) includes a catered lunch, motorcycle show and shine, and prizes. Departure at 10 a.m.

## SUNDAY

**The White Lightning** album release at Beverly Hall, 4209 111 Ave.

The energetic Edmonton pop-rock band that played the first concert ever at Rogers

Place — albeit a secret one to test the sound system — is hosting an all-ages party to release its new album, *Face to Face*.

Paul Woida and Simon Hoskyns will open the show, and White Lightning's set will be followed by a karaoke after party.

Doors open at 6 p.m., show starts at 6:30 p.m.

## ALL WEEKEND

**Book of Mormon** at Northern Alberta Jubilee Auditorium, 11455 87 Ave.

The acclaimed musical comedy about two Mormon missionaries who travel the world to spread their religion is back in town for a six-day run. The show happens daily until Sept. 18, from 8 to 10 p.m.

KEVIN MAIMANN/ METRO EDMONTON

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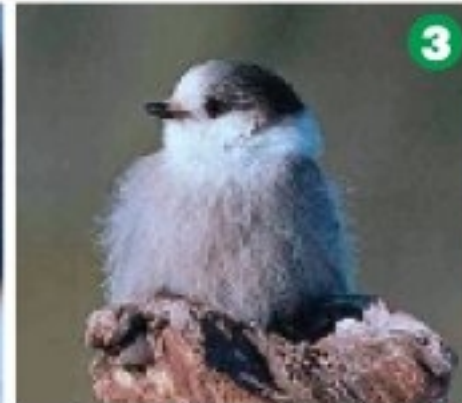
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**THE CONTENTERS:** 1. The common loon 2. The snowy owl 3. The grey jay 4. The black-capped chickadee 5. The Canada goose ISTOCK

# Finding Canada's feathered friend

150TH BIRTHDAY

## Panel of experts will choose National Bird



**Rebecca Williams**  
Metro | Toronto

Canadians have associated different birds with our identity for years. The common loon is on our dollar, the Blue Jay is the mascot of our baseball team and of course there's the Canada goose to consider.

Despite all that, and the more than 450 species of the things across the country, Canada does not actually have a national

bird. One project has decided to change that.

Last year, Canadian Geographic created the National Bird Project in effort to help designate an official bird for Canada by 2017.

Canadian Geographic put out the call to Canadians for their opinions on which bird would best represent our sprawling landscape from coast to coast.

"We asked Canadians to help find a species that could represent this nation of forest, prairie grassland, Arctic and sub-Arctic, maritime and wetland, agriculture and urban areas and many other habitats."

The bird project offered up 40 of the country's top birds and asked the country to vote on their favourites.

According to the project, more than 10,000 voted for different birds, not only from every province and territory but even Canadian expats scattered across the globe.

In fact, it seems Canadians are so passionate about our favourite feathered friends that some provided essays along with their vote, explaining why their choice of bird flies above the rest.

Now it's up to a panel of experts to decide which will become Canada's national bird in time for the country's sesquicentennial, otherwise known as its 150th birthday.

"The Great Canadian National Bird Debate" will take place at the Canadian Museum of Nature in Ottawa on Sept. 19 at 7 p.m.

FAMILIES

## The 'troups' trials



**Evelyn Harford**  
For Metro | Ottawa

Polyamorous families in Ottawa face unique legal challenges that take the old relationship phrase "it's complicated" to a whole other level.

One woman, who identifies as polyamorous, lives with her husband and wife in the Ottawa area. She didn't want to be named to avoid outing herself and her partners, who could face repercussions in their personal and professional lives.

For two years, the woman has lived in the same house with her two partners and their three kids, though the trio have been an item for much longer. She says being in a relationship with two

people means she can't be legally married to both, which creates complications when it comes to parental rights, insurance, taxes and other legally binding contracts.

If her husband died, she would have no legal basis to see her stepchildren because she is only married on paper to her wife.

"I can't have both partners at my bedside if I was dying in the hospital," she said. "And that's the last place you want to think about poly rights."

### + DEFINED

#### Trouple

A three-way couple in a long-term relationship

SOURCE: URBAN DICTIONARY

## Man jailed in China now free

Kevin Garratt, the Canadian man suspected of espionage and detained by China since 2014, has returned to Canada, Torstar News Service has confirmed.

His father Ross Garratt said he learned last night through another of his sons that Kevin would be coming home, and said he is back in Canada now.

Garratt's release comes a week after Prime Minister Justin Trudeau returned from an official trip to China where he says he raised Garratt's case with Chinese leaders in Beijing.

His family had hoped for good news prior to the Trudeau trip, but expressed disappointment last week when there were no developments. TORSTAR NEWS SERVICE



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# Clinton returns to campaign

## U.S. ELECTION

### Candidate walks on to James Brown's 'I feel good'

Back on the campaign trail, a reflective Hillary Clinton said Thursday her three-day, doctor-mandated break gave her new perspective on why she's running to be president. She vowed to close her campaign against Donald Trump by giving Americans "something to vote for, not just against."

Clinton made no apologies for keeping her pneumonia diagnosis from the public until a video emerged showing her stumbling and being supported by aides. She also repeatedly sidestepped questions about when her running mate Tim Kaine was informed.

An upbeat Clinton walked onstage at a rally in North Carolina to James Brown's song, "I feel good." She said that while sitting at home this week was "pretty much the last place I wanted to be," the time helped clarify how she wants to close her campaign against Trump.

"We're offering ideas, not insults," she said in a jab at Trump. "A plan that will make a real difference in people's lives, not prejudice and paranoia."

The rally marked Clinton's first public appearance since Sunday, when she abruptly left a 9/11 memorial service after getting dizzy and dehydrated. She had been diagnosed with

pneumonia Friday, but the campaign informed the public only after the video of an ill Clinton emerged.

The incident prompted fresh questions about both candidates' openness regarding their health. Trump released a new letter from his doctor Thursday detailing his blood pressure, cholesterol and medications, one day after Clinton made public a letter from her physician with similar information. Both candidates' doctors declared them fit to serve as president.

Trump's letter said the Republican is 6 feet 3 inches and 236 pounds — giving him a body mass index falling into the "overweight" range. The 70-year-old has blood pressure of 116 over 70, and his total cholesterol is 169, his doctor says.

Clinton, 68, has blood pressure of 100 over 70, and her total cholesterol is 189, according to her doctor. Her letter made no mention of her weight, a key part of a medical exam, nor did a similar letter released last year.

Trump's team took a swipe at Clinton's brief absence from the campaign trail in a statement accompanying the new health information.

"We are pleased to disclose all of the test results which show that Mr. Trump is in excellent health, and has the stamina to endure — uninterrupted — the rigours of a punishing and unprecedented presidential campaign and, more importantly, the singularly demanding job of president of the United States," the campaign said.

THE ASSOCIATED PRESS



A polar bear stands on an ice flow in Baffin Bay above the Arctic Circle as seen from a Canadian Coast Guard icebreaker in 2008. Arctic sea ice shrank to its second lowest level since scientists started to monitor it by satellite. THE CANADIAN PRESS

## GLOBAL WARMING

# Arctic sea ice shrinking even further

Arctic sea ice this summer shrank to its second-lowest level since scientists started to monitor it by satellite, with scientists saying it is another ominous signal of global warming.

The National Snow and Ice Data Center in Colorado said the sea ice reached its summer low point on Saturday, extending 4.14 million square kilometres. That's behind only the mark set in 2012, 3.39 million square kilometres.

Centre director Mark Serreze said this year's level technically was 10,000 square kilometres less than 2007, but that's so close the two years are essentially tied.

Even though this year didn't set a record, "we have reinforced the overall downward trend. There is no evidence of recovery here," Serreze said. "We've



What happens in the Arctic doesn't stay in the Arctic.

Michael Mann

always known that the Arctic is going to be the early warning system for climate change. What we've seen this year is reinforcing that."

This year's minimum level is nearly 2.56 million square kilometres smaller than the 1979 to 2000 average. That's the size of Alaska and Texas combined.

"It's a tremendous loss that we're looking at here," Serreze said.

It was an unusual year for sea ice in the Arctic, Serreze said. In the winter, levels were among their lowest ever for the cold season, but then there were

more storms than usual over the Arctic during the summer. Those storms normally keep the Arctic cloudy and cooler, but that didn't keep the sea ice from melting this year, he said.

"Summer weather patterns don't matter as much as they used to, so we're kind of entering a new regime," Serreze said.

Serreze said he wouldn't be surprised if the Arctic was essentially ice free in the summer by 2030, something that will affect international security.

"The trend is clear and ominous," National Center for Atmospheric Research senior scientist Kevin Trenberth said in an email. "This is indeed why the polar bear is a poster child for human-induced climate change, but the effects are not just in the Arctic."

One recent theory divides climate scientists: Melting sea ice in the Arctic may change the jet stream and weather further south, especially in winter.

"What happens in the Arctic doesn't stay in the Arctic," Pennsylvania State University climate scientist Michael Mann said. "It looks increasingly likely that the dramatic decrease in Arctic sea ice is impacting weather in mid-latitudes and may be at least partly responsible for the more dramatic, persistent and damaging weather anomalies we've seen so many of in recent years."

THE ASSOCIATED PRESS

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## GERMANY

# Far-right group, asylum seekers engulfed in conflict



Mehdi shows an injury on his arm, which he says he suffered during riots in Bautzen, Germany. THE ASSOCIATED PRESS

Dozens of police officers intervened as groups of far-right Germans and young asylum seekers clashed in an eastern German town that has seen racist incidents, officials said Thursday.

Around 80 Germans and 20 migrants attacked each other Wednesday night in Bautzen, a town between Dresden and the Polish border, local police spokesman Thomas Knaup said.

Officers were assailed with wooden sticks and bottles

thrown by some of the asylum seekers as they tried to separate the groups as they brawled in a town square, police said.

The far-right protesters shouted nationalist slogans and followed the asylum seekers back to their shelter.

Police used pepper spray and batons to protect themselves and to separate the two sides, authorities said. Police said they were trying to identify the individuals who participated in the fighting. THE ASSOCIATED PRESS



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# Refugee camp probed for evicting Somalis



Newly arrived Somalis being processed at the Ifo refugee camp outside Dadaab, eastern Kenya. THE ASSOCIATED PRESS FILE

## HUMAN RIGHTS WATCH

### Repatriation process not up to standards, warns advocate

A repatriation program for hundreds of thousands of Somali refugees in the world's largest refugee camp is marked by fear and intimidation by

Kenyan authorities, Human Rights Watch says.

Kenya wants more than 260,000 Somali refugees to return home amid concerns that some in the Dadaab refugee camp are used by Somalia-based al-Shabab Islamic extremists to launch attacks inside Kenya.

Kenya plans to close Dadaab before the end of this year. Human Rights Watch argues that the government's efforts

to repatriate the Somali refugees don't meet international standards for voluntary return.

"There is no way these returns can be considered voluntary," said Bill Frelick, the group's refugee rights director.

The statement comes as President Barack Obama plans to host a summit on refugee issues with world leaders next week during the UN General Assembly gathering in New York. The General Assembly

also will host a summit on refugees and migrants.

Human Rights Watch says many camp residents are being compelled to return to Somalia without adequate information about the dangers they face there.

Kenyan President Uhuru Kenyatta has said repatriations will be voluntary and humane. The international community has warned against forceful evictions. THE ASSOCIATED PRESS

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## CEASEFIRE

### Syria blocking access to aid in Aleppo: UN

Syria's military began withdrawing from a major artery into Aleppo on Thursday evening, shortly after the UN envoy for Syria blamed President Bashar Assad's government for obstructing aid access to the contested city.

With the U.S.-Russian brokered ceasefire for the war-torn country holding for its third straight day, calls intensified to have the government permit aid access to besieged opposition areas.

#### PRESSURE MOUNTS ON GOVERNMENT

In Geneva, the UN's envoy to Syria, Staffan De Mistura, called humanitarian access the "second dividend" of the U.S.-Russia ceasefire deal, after tapering violence.

However, de Mistura said the Syrian government had not provided the necessary "facilitation letters," or permits, to allow for convoys to reach opposition areas, disappointing even Russia, the Syrian president key backer.

Russia's military announced on Thursday evening that the Syrian military was beginning to withdraw from a contested route to Aleppo, suggesting a breakthrough to the deadlock could be coming.

#### CLASHES FOR DAESH-HELD DEIR EL-ZOUR

In the eastern province of Deir el-Zour, clashes and shelling over the past 24 hours between government forces and Daesh in the provincial capital, also called Deir el-Zour, have killed at least three people, including a child, according to activists and state media.

Elsewhere in the same province, an airstrike Thursday on the Daesh-held town of Mayadeen killed at least four people and wounded dozens, said opposition activists and Deir el-Zour 24, an activist collective.

The Syrian Observatory for Human Rights monitoring group said the airstrike killed seven people.

It wasn't known who carried out the airstrike.

The ceasefire does not cover territory held by Daesh.

THE ASSOCIATED PRESS

**40**

The UN says it has 40 trucks ready to distribute aid in the country, and it would prioritize delivery to the embattled, rebel-held neighbourhoods of Aleppo.

## IN BRIEF

#### Senate approves bill for water projects, Flint funds

The Senate approved a \$10-billion water projects bill Thursday that includes emergency funding for Flint, Mich. — nearly a year after officials declared a public health emergency because of lead-contaminated water.

"The people of Flint have waited way too long" for help from the state and federal governments, Democratic senator Debbie Stabenow said.

THE ASSOCIATED PRESS

#### Philippine president ordered killings: Witness

A former Filipino militiaman testified before the country's Senate on Thursday that President Rodrigo Duterte ordered him and other members of a liquidation squad to kill criminals and opponents in gangland-style assaults that left about 1,000 dead.

Edgar Matobato, 57, is the first person to admit any role in such killings, and to directly implicate Duterte under oath in a public hearing. THE ASSOCIATED PRESS







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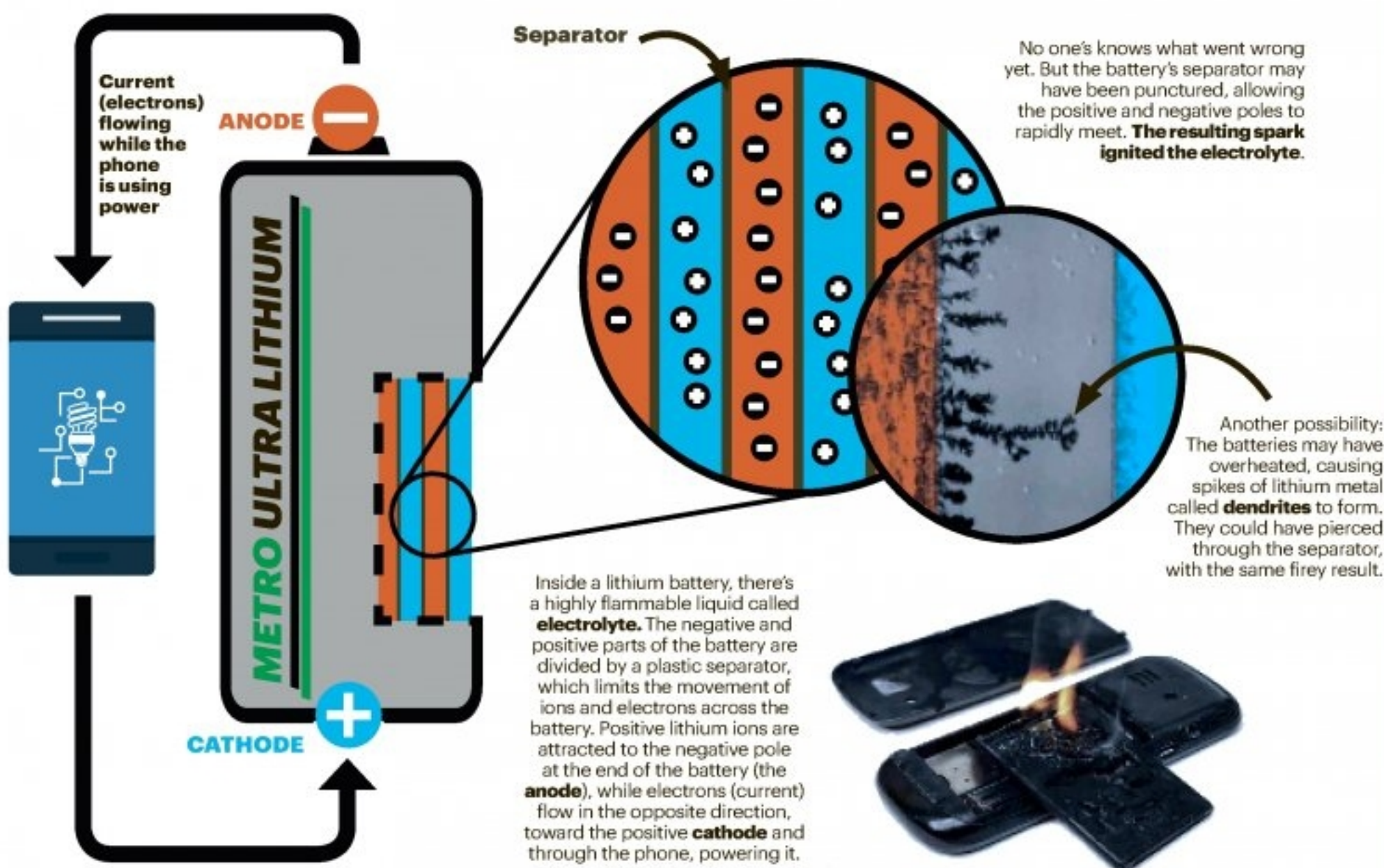
Your essential daily news

A stunning fossil of the plant-eating Psittacosaurus, just found in China, has light and dark stripes and spots: the earliest camouflage ever found.

DECODED by Genna Buck and Andrés Plana

## WHY ARE BATTERIES BLOWING UP?

A million Galaxy Note 7 phones have been recalled for an explosive reason: They're catching fire. According to Samsung, a manufacturer's defect has led to dozens of cases of lithium-ion batteries short-circuiting and bursting into flames. **Here's your answer to the burning question: How did this happen?**



## FINDINGS Your week in science



### EBOLA HANGS AROUND

The Ebola virus that swept West Africa in 2014-2015 is sneakily lingering in survivors, research in the journal *Nature* shows. It can stay in semen at least 18 months, far longer than thought. And the first case of spread via breast milk has been reported, though the mother wasn't sick.

### IT'S OUT THERE

By analyzing elements in the Earth's crust, researchers from Western University concluded our planet has the same chemical origins as nearby objects in the solar system — a finding light years away from previous science.

### SOUND SMART



### DEFINITION

We see **redshift** when a distant object, like a star, is moving away from the Earth. When an object travels away, its light waves get stretched. Their frequency is reduced, which means the light is **shifted** toward the **red** end of the electromagnetic spectrum.

### USE IT IN A SENTENCE

Mercedes thought the object she was looking at through her telescope was a red planet. But it wasn't Mars! The light appeared red because of **redshift**.

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CITIZEN SCIENTIST by Genna Buck

## I have no chill about crystal crap

What do you think about healing crystals? —L.B., Toronto

Readers, I'll let you in on a secret: This question came from a co-worker who enjoys watching me theatrically scream, "That's not how this works! That's not how any of this works!" when crystals are mentioned in my earshot.

I have no chill about crystals or any of the "alternative," "complementary," "holistic" forms of "healing" that claim to harness, unblock, channel or otherwise manipulate "energy" or "qi."

My sarcastic-quotation-mark key is getting a workout today! Here's why I hate this stuff so hard: Proponents of reiki, chakra crap, etc., talk about "energy" acting on the body as if the word "energy" exempts them from explaining themselves further.

As if scientists will say: "Ooooh, spooooooky! Energy! There's no way for me to detect or measure that!"

Guys. You know this. Energy is real. It cannot be created or destroyed. It is the capacity to perform work or generate heat.

Yes, that sounds a bit weird and vague. I think of it this way: Energy makes things happen in the world. It can be stored as potential, chemical or nuclear energy, or expressed in the form of motion, sound, light, radiation, heat or electricity (there's a bit more to it than that, but no room for a full physics lesson here).

Bottom line: If it's not that, it's not energy. Only energy can make work happen. "Qi" can't heal your headache or remove your "toxins" or anything else because it Does. Not. Exist.

That's why I tend to lose it on the crystals crowd. They claim their esoteric energy is powerful enough to heal, but too subtle and magical to be detected with scientific instruments. And we can detect the earth wobbling by less than the width of an atom.

Woo like this is largely harmless. It even comes with some chill vibes and a nice placebo effect. But I just can't be chill about it. I'm not feeling the energy.

Science Question?  
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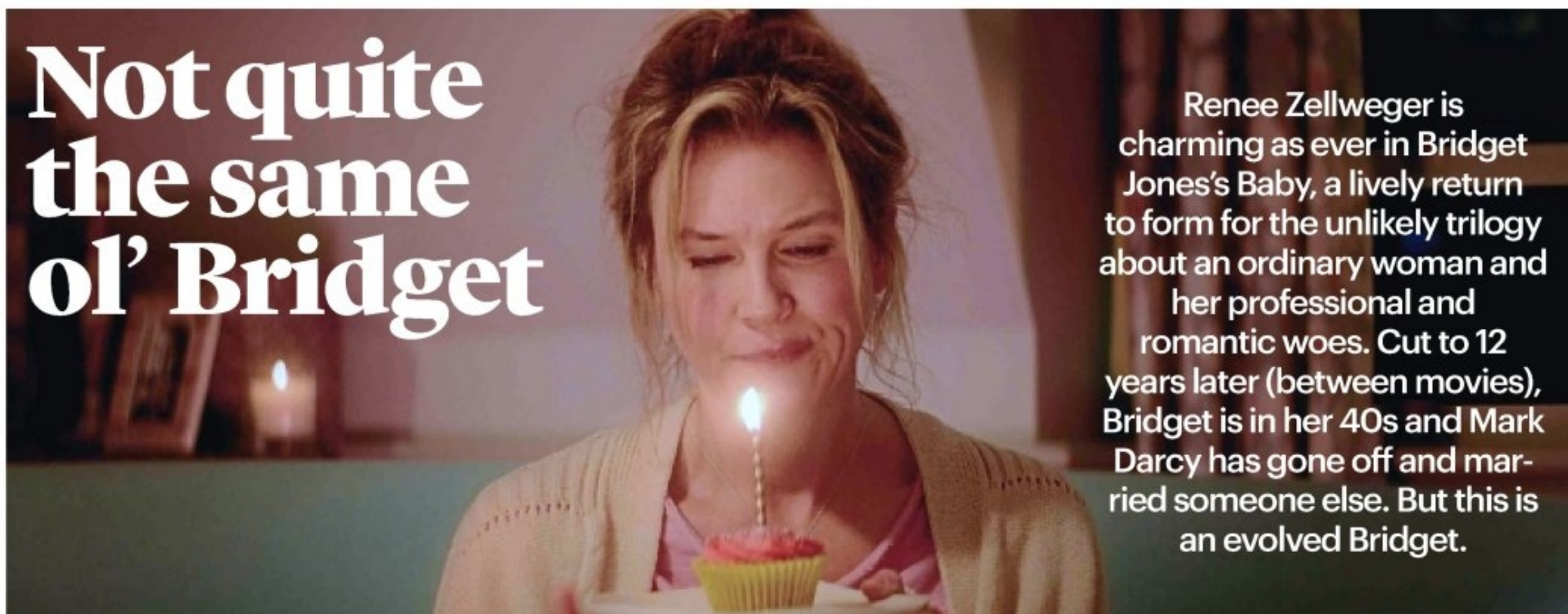
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## Not quite the same ol' Bridget



Renee Zellweger is charming as ever in *Bridget Jones's Baby*, a lively return to form for the unlikely trilogy about an ordinary woman and her professional and romantic woes. Cut to 12 years later (between movies), Bridget is in her 40s and Mark Darcy has gone off and married someone else. But this is an evolved Bridget.

She might be eating dessert alone in that same old London flat on that same old couch listening to the same old Celine Dion song, but it's not tragic. It just is. Her friends all flaked on her and so she has a night by herself. The sense is "whatever" not "woe is me." CONTRIBUTED



### When one part of your life starts going OK...

The film lacks Hugh Grant's naughty playboy Daniel Cleaver — who is going to advise Bridget to "invest in lockable knickers?" But his absence is explained with such wry humour, and newcomer Patrick Dempsey fits in so well. He's a single, not sleazy relationship guru who is immediately smitten with Bridget. She has a good time with Jack when she and new BFF Miranda (Sarah Solemani) go on an ill-advised pop festival camp-out, and after the fling goes on her way.



### ...another falls spectacularly to pieces

A few weeks after her tryst with Jack, she finds herself having an unexpectedly romantic night with a now-separated Darcy. She walks away from that, too, and continues on with life until she gets the news that she's pregnant. It could be either Darcy's or Jack's. Both men hop to the challenge. There is still a madcap, slapstick jitteriness to dear Bridget, but calmness has emerged, too — that of a woman who has finally grown into her own skin. TORSTAR NEWS SERVICE/THE ASSOCIATED PRESS

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# If you go out in the woods today...

## CAST INTERVIEW

### Blair Witch sequel mixes body horror and primal fear

Richard Crouse  
For Metro Canada



The long-awaited Blair Witch Project follow-up doesn't have a theme song, but if it did I'd suggest Teddy Bear Picnic. In particular the line, "If you go out in the woods today you're in for a big surprise," because, boy, there are some shockers in the movie's dense woods.

"When I saw our film I was scared," says Corbin Reid who plays Ashley in Blair Witch, in theatres today.

"I actually had chills," chimes in co-star Wes Robinson. "I thought that was cool because I don't think that's an easy feat for someone who was there shooting it, who read the script and knew everything that was going to happen. It is the combination of the shots and the sound design and everything."

Shot last year with the woods of Squamish, B.C., subbing in for the story's haunted woods, the movie follows James (James Allen McCune) who was only four years old when his sister vanished while making a 1994 documentary about a witch said to haunt the Black Hills near Burkittsville, Maryland.

James thinks his sister may still be alive. Cue the jump scares, red herrings, things that go bump in the woods and close-ups of scared young people.

"Not to get too macabre," says Corbin, "but I think one of the reasons people are attracted to horror is because you're dealing with death in a safe space."

"It is something unknown

to everyone. We don't know what happens after we die, but you get this fictional setting that you can live it out in."

"There is something about exposing yourself to your fears. If you can laugh at it or move through it, it forces you to deal with it. You become the master of it."

Robinson praises director Adam Wingard's skill at scare making. "Adam always gives you a real sense of security in his films. Then when you're not expecting it, he takes it away."

"It gives you time to really sink into the psychological aspect of it," adds Corbin.

"You establish the relationships, and then you have something to lose. It's not just trick after trick after trick. That's the thing I love about the filmmaking. It's not cheap. Everything is earned and everything is smart. It is thought out. I think that's why there is such an effect."

In Blair Witch, Wingard does a good job with body horror — ick — and primal fears of the dark, small spaces in the unknown.

"Everyone's fear is represented at some point in this movie," says Wes.

Corbin and Wes spent two months in the woods shooting and getting inside the new story, but how familiar were they with the 1999 film? Corbin was just eleven years old when the original movie caused a sensation but that didn't stop her from trying to see it.

"I went with my sister and she didn't know it was rated R," she says. "She got in but my mom had to come pick me up."

"I actually saw it in the theatre," says Wes.

"I was with a lot of adults. We went to see it and it traumatized me. It's weird where life takes you, though, because I had no idea when I watched it that I would do the sequel one day."



In Blair Witch, James (James Allen McCune, centre), sets out into the woods in search of his sister, who disappeared in the '90s while making a doc about the Blair Witch. CONTRIBUTED



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## MOVIE RATINGS by Richard Crouse

Bridget Jones's Baby ★★★  
Snowden ★★★★★  
Blair Witch ★★★★★

HOW RATING WORKS  
★★★★★ SEE IT  
★★★★ WORTHWHILE  
★★★ UP TO YOU  
★ SKIP IT

<sup>1</sup> Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions.  
<sup>2</sup> Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan Visa Infinite Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make \$1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. © The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. © The Aeroplan logo and Aeroplan are registered trade-marks of Airmia Canada Inc. © The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.



# A year later, Tremblay breaks out again

## BURN YOUR MAPS

### Room phenom back where it all began with next star turn

Room star Jacob Tremblay returned Thursday to the star-packed film festival that launched his career, armed with a new tear-jerker drama and a handful of quips to charm a press conference.

The Vancouver nine-year-old fielded questions alongside co-stars of his newest film, *Burn Your Maps*, which was making its world premiere at the Toronto International Film Festival.

Tremblay plays a young Chicago boy who believes he is actually a Mongolian goat herder.

He said it was a fun film to make, noting it was shot in the rolling foothills of the Canadian Rockies, where he ran through fields with goats and rode around on a horse.

"Goats are really cute, especially the baby ones. But they do smell a little bit," Tremblay quipped to a chuckling audience of journalists and festival staff. "I also had to learn to ride a horse without a saddle. If you do that it kind of hurts, if you know what I'm saying."

Co-stars Vera Farmiga and Virginia Madsen had nothing but praise for the young star, who debuted last year in the captive thriller *Room* as a complete unknown.

In *Burn Your Maps*, Tremblay takes centre stage as Wes,

whose disturbing obsession with Mongolia extends to donning handmade traditional garb, devouring online Mongolian language lessons, and making his own herd of goats out of toilet paper.

The fantasy emerges after the family suffers a tragedy that sends each member reeling in their own way. Farmiga's fragile matriarch Alise questions the marital bonds with her husband, played by Marton Csokas.

Director Jordan Roberts said he first caught wind of Tremblay a year before shooting,



**On-screen mom Vera Farmiga felt an immediate connection with her *Burn Your Maps* co-star Jacob Tremblay after spending time with the nine-year-old's real-life mother and sister. CONTRIBUTED/THE CANADIAN PRESS**

when he saw a video of a "mesmerizing" six-year-old.

"There was no acting going on at all, he was 100 per cent present in this imaginary scenario and it just flabbergasted me," said Roberts, screenwriter for the Oscar-winning animated film *Big Hero 6*.

It took a year to raise the money Roberts needed for the film, and when his first audition tape for the youngest role arrived, it was another video of Tremblay.

"And it was again mind-boggling," he said. "He was a year or so older, incredibly mature. He made very powerful, strong choices. He has wonderful parents who obviously have something to do with what he does but when I saw his tape it was just staggeringly powerful again and completely honest."

The rest of the cast came together just as smoothly, Roberts said, although he set his eyes first on scoring Farmiga as a mother desperate to keep her crumbling marriage together.

Farmiga said it was easy to bond with Jacob for their mother-son scenes: "He's a very savvy young actor. Very deep in touch with his emotions."

"He has a unique relationship with his own mom which I was able to witness on a daily basis and see how she is a part of his process. And I hung out with his mom and have worked with his sister so immediately there was a closeness."

Roberts said Mongolia didn't have the infrastructure to allow the film to be shot in the east Asian country. He was pleasantly surprised to find remarkable geographical similarities in Kananaskis, Alta.

And when he learned that roughly 700 Mongolians live in Calgary — allowing him to cast real Mongolians — he was sold.

Roberts stayed in Canada for post-production, spending five months in Toronto where he held several focus groups.

"This film was made in Canada and Canada helped me make this film. It really genuinely did," Roberts said.

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## FILMMAKING

# Oyelowo touts rise of 'Nollywood'

David Oyelowo feels the lure of Nollywood.

The two-time Golden Globe-nominated British star, who spent part of his childhood in Nigeria, says he may return there one day to join its booming movie industry, which is a hot topic at this year's Toronto International Film Festival.

"I can tell by the profile that

they are gaining that it's not going to be long before I ... am going to be desirous to go back and make a film that would be deemed a Nollywood movie," Oyelowo said in an interview at the Toronto film fest.

"Because, for me, excellence is key and I want to work with the best filmmakers in the world, whoever they are, wher-

ever they are. And of course, there's going to be a very particular desire to do that if that is happening in Nigeria."

TIFF's City to City program is showcasing eight titles from Lagos, Nigeria, a prolific centre for cinema.

"Nollywood, it oscillates between being the second- and third-biggest film industry in

the world," said Oyelowo, who stars in two films at the fest: the Ugandan chess-champion drama *Queen of Katwe* and the interracial couple story *A United Kingdom*.

"Living there myself, being of Nigerian parentage, we love a good story, we love a good yarn. It's very much embedded in the culture." THE CANADIAN PRESS



**Actors Lupita Nyong'o, left, and David Oyelowo.**

ALBERTO E. RODRIGUEZ/GETTY IMAGES FOR DISNEY



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▶ **FILM BRIEF****Jay Z declares drug war an 'epic fail'**

Jay Z has declared the war on drugs an "epic fail" in a short film he wrote and narrated.

The four-minute clip posted online by The New York Times on Thursday features Jay Z's narration over an artist's illustrations.

In the video, he complains "young men like me who hustled became the sole villain" when strict drug laws were introduced in the 1980s. He also suggests treatment of drug dealers is hypocritical given that states like Colorado have legalized marijuana.

THE ASSOCIATED PRESS



Jay Z's short film was posted online by The New York Times. SCREENSHOT

# Brie is back where it all began

## Last year's Oscar winning actress debuted new film at TIFF

**Steve Gow**  
For Metro Canada



Brie Larson has had an incredible 12 months since debuting *Room* at last year's Toronto International Film Festival.

For one, she beat the likes of Cate Blanchett and Jennifer Lawrence for the best actress Oscar.

Now, the 26-year-old starlet has no less than five highly-anticipated movies lined up (including the new Marvel superhero blockbuster *Captain Marvel*).

Indeed, she has come a long way in a very short time period.

"It's amazing being back with the year that I've had," stated Larson during a chat at the Intercontinental Hotel this past weekend to discuss her TIFF thriller *Free Fire*.

"There's so many sensory memories that have been coming back to me."

"I was here in this hotel doing

“

**I was here in this hotel doing the same thing with *Room* and there were so many unknowns**

Brie Larson promoting *Room* last year at TIFF

the same thing with *Room* and there were so many unknowns."

At that time, Larson was a hard-scrabble actress cutting her teeth since childhood in supporting parts in movies or TV — the most notable as a rebellious daughter on Showtime's short-lived series *United States of Tara*. Until *Room*, that is.

Based on the smash novel by Emma Donoghue, it stormed the festival and shocked audiences into bestowing it the People's Choice Award.

"I still didn't know if people liked the movie," recalled Larson.

"I remember distinctly being back home and watching the awards ceremony on my cell

phone for an hour, wringing my hands, waiting to see what would happen before we won the audience award — it was incredible."

From there, the film's legacy is well-documented — an Oscar win for Larson with three other nominations including Best Picture.

This year, *Free Fire* is burdened with none of the assumptions a follow-up feature starring an Oscar-caliber star might carry.

A violent comic-thriller about an arms deal-gone-wrong, it doesn't aim for awards.

Instead, the thriller was gifted the golden spot as the opening night film at Midnight Madness — TIFF's program for movies a bit off the mainstream.

"It's really cool," said Larson, the day after *Free Fire*'s premiere.

"The Midnight Madness crowd seems like the type that are just so audible in their reactions (and) last night was immediately satisfying in the way that I imagine a stand-up comic feels at the end of a night."

"You gauge it by the audience and their reaction and you could hear that they were in it."



Brie Larson poses with fans at the premiere of *Free Fire* last week. GETTY IMAGES

## BUSINESS

# Fargo a boon for Canadians

For an American show set in Minnesota, *Fargo* sure has been good to Canadians.

Shot in Alberta, the FX series has employed many Canucks, including a slew that got Emmy nominations for their work on season 2. And they rave about their experiences with the dark crime dramedy known for its Midwestern accents.

"I'd say *Fargo* is the best quality show I've worked on," says Emmy-nominated art director Elisabeth Williams of Montreal.

"Just the level of creativity and just the quality of the show is quite extraordinary, the script, the directors, the producers — everything is top-notch."

Season 2 of the anthology series, created by Noah Hawley, serves as a prequel to first season, and is set in 1979.

Kirsten Dunst and Jesse Plemons star as a young couple who get caught up in a crime family while trying to cover up a hit-and-run killing.

Of the 18 Emmy nominations *Fargo* got this year, Williams scored one (her first) for best production design for a narrative period program.

She didn't win at the early awards show held this past weekend (the main Emmys bash is this Sunday) but she notes *Fargo* is the biggest show she's ever worked on and she relished adding the



*Fargo*, starring Kirsten Dunst, has been a boon to many Canadians working in television. CONTRIBUTED

period details to a motel set in Fort Macleod, Alta.

"To see that on-screen and to see how well it turns out, that's something that I'm quite proud of," she says. "Getting to work with someone like Noah Hawley was definitely just a highlight of my life, I guess, career-wise. He's really extraordinary. That whole crowd."

Williams shared her nomination with Warren A. Young of Los Angeles as production designer and Vancouver-based Shirley Inget as set decorator.

"I feel like one of the chosen ones, seriously, that we got to be part of (Hawley's) vision and we got to contribute," says Inget, who previously won Emmys for *The X-Files*.

"I honestly think that we've all been really blessed to be part

of the project and part of the whole team."

Vancouver-based casting director Jackie Lind shared a nomination with Stephanie Gorin of Toronto and Rachel Tenner of Los Angeles. They also didn't win, but like Williams, Lind cherishes the show.

"It's just probably the best thing that's ever happened to me, this show, in my career," says Lind, who has previously won two Emmys, for casting on season 1 of *Fargo* and *Broken Trail*. "Everything about it is pretty magical, I have to say."

Lind says "literally thousands" of actors wanted to be a part of season 2.

The problem is finding "real faces, real people, and then on top of all that, you have to throw in the accent and it's not easy."

"It's about finding people who really fit into that world, who are believable and who are not cartoons but believable characters."

So believable that they remain in Lind's mind even after a season has wrapped.

"We went on vacation, we were in the States and I walked into this store and this woman started speaking in a *Fargo* accent and I just started laughing," she says. "Because to me when you hear it, you don't really believe that actually people do talk like that." THE CANADIAN PRESS

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# Emmy predictions in an unsure year

## AWARDS SEASON

### TV academy has changed up voting process

Please excuse the excuses, but this year's Emmy predictions are resting uneasily on shifting ground.

The reason for the caginess: This year, the TV academy ditched a consensus approach in which nominees in each category were ranked on points to determine the winner. Instead, voters now check off their top choice and the one with the most votes wins. That change comes atop a 2015 decision to increase the voting pool beyond small blue-ribbon panels to include more academy members.

Will the two revisions combine for big surprises Sunday when the 68th Primetime Emmy Awards air at 8 p.m. EDT on ABC with host Jimmy Kimmel? Here are some best guesses.

#### Drama series

**Should win:** Game of Thrones. The battles, the bravery, the be-



Game of Thrones is up for a number of Emmy Awards, including a best supporting actress nom for Lena Headey. HANDOUT

trayal — it's all there and grippingly cinematic as GOT winds its way through George R.R. Martin's astounding kingdom.

**Will win:** Game of Thrones. Last year, it (bloodlessly!) wrested the top drama award from Emmy voters typically reluctant to reward fantasy shows. Expect it to conquer again.

#### Comedy series

**Should win:** black-ish Old-school sitcom excellence meets new-school awareness. Can punch-

lines mesh effectively with troubling social issues? No sweat for creator Kenya Barris and the cast.

**Will win:** Veep. The viciously funny series was crowned in the category last year and, in a rollicking real-world election season that barely exceeds the show's satire, voters will give it a second term.

#### Actor, drama series

**Should win:** Matthew Rhys, The Americans. He exemplifies the

British acting craft in a moving, nuanced performance that commands our attention.

**Will win:** Buzzed-about star Rami Malek of Mr. Robot could benefit from the expanded voting. But our ballot is marked for Kevin Spacey of House of Cards — the fourth Emmy bid's the charm for this Oscar winner's supremely villainous politico.

#### Actress, drama series

**Should win:** Viola Davis, How

to Get Away with Murder. She lets it rip every which way as a brilliant, sexy, flawed law professor. This stellar actress is always magnetic.

**Will win:** Davis. She made history last year as the first African-American winner in the category and voters will reinforce it.

#### Supporting actor, drama series

**Should win:** Kit Harington, Game of Thrones. His valiant Jon Snow has been a consistent standout in a sprawling cast, but he escaped Emmy notice until Snow died and then rose to fight again. That deserves a trophy, at least.

**Will win:** Harington. Voters will bow down before the King in the North.

#### Supporting actress, drama

**Should win:** Lena Headey. Her wrenching portrayal of Cersei Lannister stumbling through her debasing "walk of shame" in season five inexplicably failed to bring her a trophy, so it's past time for voters.

**Will win:** Headey. Her third GOT

nomination comes with Cersei back on top and Headey continuing to deepen her portrayal of the most darkly complex female character on TV.

#### Actor, comedy series

**Should win:** Jeffrey Tambor, Transparent. It took an extraordinary role to give this journeyman actor the recognition due him. Without precedent for playing the slowly unfolding life of a transgender character, Tambor has travelled the path faultlessly.

**Will win:** Tambor, taking his second Emmy for the role because he's in a class by himself.

#### Actress, comedy series

**Should win:** Tracee Ellis Ross, black-ish. The comic timing, the rubber-faced expressions evocative of Lucille Ball and her fresh rendition of a modern working mother make her Emmy worthy.

**Will win:** Julia Louis-Dreyfus, Veep. The impeccably deft comic actress has owned this category since 2012 with her portrayal of vice-president-to-president Selina Meyer. She may have to bow out of contention to stop winning.

THE ASSOCIATED PRESS

## TECHNOLOGY

### Twitter hopes for sport boost

A new Twitter app is coming to Xbox One, Apple TV and Amazon Fire TV, where viewers will be able to watch National Football League games on Thursday nights.

The short-messaging service secured the rights to stream 10 Thursday night games this year as it attempts to broaden its appeal. It's hoping that live video of sports and other events will help stimulate more interest in its service.

It's a crucial time for the faltering company that is trying to improve stagnating user growth, not to mention boost its appeal to advertisers.

The apps, which are free, will have all the live-streaming video available on Twitter. An estimated 13 million viewers tune in to Thursday night games on TV. Twitter wants those viewers, combined with its own users, to tweet during the game while watching its stream.

Besides the football games, this includes content from the NBA and Bloomberg News. It will also have other Twitter content, such as top tweets and Periscopes (video from Twitter's live-streaming app).

In July, Twitter announced live-streaming partnerships with Major League Baseball and the National Hockey League to show out-of-market games.



Twitter has yet to turn a profit in its 10-year history but is banking on live sports streaming to helping it stimulate interest in its short-messaging service. AP PHOTO/RICHARD DREW, FILE

These are games that are not shown on local TV channels.

As part of the deal, the once-a-week live streams of the games are available to logged-in and logged-out Twitter users in the United States, Twitter said.

The deal also made MLB games available worldwide, except in some international territories.

Twitter is not the only tech company competing with broadcasters for streaming rights.

Last year, Yahoo Inc. won the rights to broadcast for the first time a regular season NFL game across all devices — including phones, computers and tablets. It showed the game between the Buffalo Bills and Jacksonville

Jaguars played in London. Such broadcasts, which make games available to people without pay-TV accounts, can also serve to expand the international audience of the sports events.

Twitter Inc. has never made a profit, and in the most recent quarter posted a 20 per cent revenue increase, compared with 59 per cent growth at Facebook.

While Twitter's NFL Thursday Night Football "Tweetcast" will be available in many countries across the globe, Canada is not included in the new endeavour.

Rogers' Sportsnet, which owns the exclusive Canadian rights to Thursday games, has ensured that the Tweetcast will be blacked out here.

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# Detroit: The great comeback

## URBAN DESTINATIONS

### Motor City proves its ingenuity yet again

Jennifer Bain

Torstar News Service

You will feel the energy as soon as you get off the plane at Detroit Metropolitan Airport's McNamara Terminal and make your way through an underground tunnel exploding with a colour-changing light and sound show.

Something remarkable is happening here.

The story here is no longer automobile industry collapse, decline, decay and blight. It's about a glorious city that birthed the Model T and Motown, that's coming back better, stronger, artier.

There's Midtown with the "eds, meds and arts." That's short for universities, medical centres and Sugar Hill Arts District anchored by the Detroit Institute of Arts and the Museum of Contemporary Art Detroit.

Downtown fills up with passionate sports fans when the Detroit Tigers are playing Comerica Park or the Lions are at Ford Field.

I'll be taking the kids on the Detroit People Mover, with art in all 13 stations. It's just 75 cents and you can stay on the single-track train loop as long as you want.

Corktown is fully hipster and home to the Detroit Institute of Bagels, Batch Brewing (the city's first nano brewery), music destinations, such as the UFO Factory and Hostel Detroit, with its free walking tours.

This city is moving beyond cars.

Downtown, in what was once the garment district, you can't miss the trifecta of the Library Street Collective, the Belt and the Z garage.

Library Street is a cutting-edge modern/contemporary fine-art gallery. With Dan Gilbert-owned Bedrock Real Estate Services, it activated the public alley out its back door into an art experience full of murals and art installations called the Belt.

Surrounding most of the Belt



While Detroit has not yet completely bounced back from job losses in the automobile industry and the financial crisis of 2008, signs of reinvention are everywhere — like these art murals found at Z Garage, The Belt and other areas.

TOP AND LEFT: SAL RODRIGUEZ/FOR TORSTAR NEWS SERVICE; RIGHT AND SIDEBAR: JENNIFER BAIN/TORSTAR NEWS SERVICE

is the Z, a 10-storey "park in the art" garage with a 3D-style façade and interior murals by 27 artists.

To see the city on two wheels, go to Wheelhouse Detroit on the waterfront for a guided tour or bike rental. Pick up an iconic black Detroit Bike.

The food in Detroit is amazing too. There's a reason why Food Network Magazine put HopCat's beer-battered Crack Fries sprinkled with cracked

black pepper and sided by warm cheese dipping sauce on its Top 10 list. Resistance is futile.

Not far from HopCat at the rustic chic Selden Standard, executive chef/partner Andy Hollyday's New American shared plates and craft cocktails are works of art.

Art of some form infuses virtually every Detroit moment. It's all over Eastern Market, "a playground for grown-ups"

with multiple markets, food, vintage clothing and boutiques.

"I always had this feeling of Detroit having a ghost of a prosperous past, and when I got here it was still lingering," admits Ian Kual'i, a Hawaii-raised artist in residence from Berkeley, Calif. "Now I'm extremely hopeful for Detroit. As a complete outsider coming in, it's pretty incredible."

At the Russell Industrial Center, people such as street fashion

designer Dana Keaton and studio glass artist Bill Poceta are finding affordable work space in a converted factory.

"We have a creative element and a musical element going on here that's really phenomenal," Poceta says. "We're pretty pumped about the city."

Poceta is old enough to have seen Detroit both falter and rebound. Same goes for Robert Sestok, who has lived in the once notorious Cass Corridor

## HEIDELBERG



### 'Ghetto Guggenheim' draws 300k visitors a year

The city still uses the nickname Motor City, but "Detroit is now becoming more and more known for its art," declares Margaret Grace, manager of educational programming for the Heidelberg Project. "It's an art city."

The Heidelberg Project draws upwards of 300,000 visitors a year to one of America's poorest zip codes for "open air art." Tyree Guyton has been taking a stand against decay, crime and apathy for 30 years and transforming the vacant lots and abandoned homes of his childhood neighbourhood into a "Ghetto Guggenheim" with discarded objects from everyday life.

A few neighbours, such as 60-something Otila Bell, have joined in. You can pay \$1 to literally sign her "Yellowhouse" and help pay hot-water bills, install new railings and otherwise keep the century-old home standing.

You will hopefully run into the eccentric Guyton himself, who will now take his project apart "in a methodical way" and create something else to keep the world coming back to Detroit.

(now rebranding as Midtown) for 40 years.

He bought four cheap lots for \$18,000 U.S. and unveiled City Sculpture Park last year, full of his hulking welded steel sculptures. He opens the gates daily and will come talk art if you email him. "It's kind of a fun experience to have this and share this with other people," says Sestok.

Jennifer Bain was hosted by Travel Michigan, which didn't review or approve this story.



# Montreal prepares for epic birthday

## CELEBRATIONS

### \$100M party to include theatre performances and carnivals

Giant puppets, street parties and social media-savvy bridge lights are just some of the ways Montreal is planning to celebrate its 375th birthday next year.

The date coincides with the 150th anniversary of Canada's founding and, to celebrate, the city is throwing itself a \$100-million bash that includes cultural and historical events, festivals and shows to run throughout 2017. The commissioner of the group organizing the festivities says the city can do with a good party after a recent tough six or seven years that included the Charbonneau Commission looking into corruption in the construction industry.

"We needed that breath of fresh air," Gilbert Rozon said. "We needed to give some love back to Montreal, and also to bring some tourism to Montreal."

The year-long celebration,



#### 1 Grand light show

On the grander side of the scale is a \$39.5-million plan to light the Jacques-Cartier Bridge beginning May 17, the same date in 1642 when a group of missionaries and French colonists founded what was then a mission called Ville-Marie.

#### 2 By the season

The bridge will be fitted with 2,800 lights that will change colour according to the season.

#### 3 Capturing the energy

The speed, movement and intensity of the lights can also be changed to reflect the current traffic, weather forecasts or what Montrealers are discussing on social media, in order to "reflect the energy of the city" in a subtle way, Rozon said.

which will actually kick off in December, making it 375 days long, includes more than 200 events both lavish and local.

The events kick off in December with a variety show, televised on several French-language networks and where the programming will be unveiled.

Highlights of the first months include outdoor winter games, a gathering of 50 top chefs and lighting shows to illuminate the frosty months.

The summer will feature daily outdoor theatre performances, a carnival in each of the city's 19 boroughs and a specially cre-

ated performance by the giant marionettes of the Royal de Luxe street theatre company.

Outside the budget for the celebrations, the city has also earmarked about \$300 million for a series of "legacy" infrastructure projects including renovations to Saint-Joseph's Oratory,

improvements to green spaces, public art and a 3.8-kilometre pedestrian walkway to connect the St. Lawrence River to the foot of Mount Royal.

On a smaller scale, the city has also approved some 100 neighbourhood projects run by community organizations.

These are wide-ranging, from podcast walking tours of Notre-Dame-de-Grace to a country music festival in Hochelaga-Maisonneuve to the temporary revival of Belmont Park, a long-closed amusement park in Ahuntsic-Cartierville.

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# SENIOR LIFE

## 100 Block West 'a mini-winter getaway'

Moving into beautiful 100 Block West in Morinville has gotten even better.

Trade Developments is giving new tenants Snow Sparrow getaway packages for every new lease signed between Sept. 1 and December 31.

"It's a mini-winter getaway," said Scott Jendruck with Trade Developments. "Sign a lease with us and you'll receive a package with a New West Travel gift certificate, a prepaid Visa and more."

But the real gift is moving into the brand new 100 Block West which offers beautiful, quiet adult living in the heart of Morinville. The

four-storey building opened in the spring and many tenants are already enjoying their lovely new homes.

There are several units and floor plans still available to suit your needs.

Suites with two bedrooms and two bathrooms are a great fit. There are several open-concept, two-bedroom, two-bathroom suites to choose from. These units are a model of efficient design with everything you need included.

"And we've actually just lowered the prices of our north-facing units so people can get into a two-bedroom, two-bathroom unit for \$1,496/month which includes everything," Jendruck said.

The units also feature plenty of cupboard space, an individual heat pump for personalized heat and air conditioning, and nine-foot ceilings. The building has a heated underground parking, double-wall construction so you don't hear any neighbours, an elevator and visitor parking.

"There are also one bedroom, one bath units and everything is included: in-suite laundry, and six appliances," Jendruck said. There are also corner units with two bedrooms and one bathroom.

"No matter which unit fits you best, 100 Block West is simply a great place to live."



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## GET PEACE OF MIND AT VERY AFFORDABLE RATES



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Designed for quiet, comfortable and secure adult community living, 100 Block offers quality and peace of mind at affordable rates.

The first floor has commercial and retail space while the three storeys above are all rental units. Morinville Family Medical Clinic and Morinville Family Pharmacy are on the first floor so you don't even have to leave the building for a doctor's appointment or if you need a prescription filled.

100 Block West was constructed with the intention of being future-friendly, and as such, it utilizes a state-of-the-art geothermal energy system.

This geothermal power has the dual advantage of lowering the operation costs and having a low impact on the environment. Because of this technology the cost of utilities — which is included in the rent — won't fluctuate.

Full elevator access, underground heated parking, and friendly neighbours are what you can expect and enjoy from residing at 100 Block West.

It's also easy to pop out for a stroll. 100 Block West is right next to a park making it easy to fit in some exercise and fresh air every day, or to take the dog out for a walk.

100 Block West is in the heart of Morin-

ville, a town which celebrates its small, agricultural community feel.

There's a grocery store within a short walk — or a few minutes drive — and it's only about a 10-minute drive to every kind of store in St. Albert.

"There are all the local amenities in Morinville but the major services are on the north end of St. Albert, which is not far away," said Scott Jendruck with Trade Developments.

### All the amenities

100 Block West is nestled in small town Morinville but it's not far from all the amenities you might need.

It's within walking distance to the Morinville Curling Club, Morinville Fish and Game Pond, Morinville Seniors Club (Rendez-Vous Centre), and the St. Jean Baptiste Parish. 100 Block West offers you many opportunities for maintaining your health with quiet walks through the park or town, and a brand new medical clinic and pharmacy on the main floor. 100 Block West is simply the best of everything.





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# Start downsizing early to make it an easy transition

Family and years of memories filled up the house, but now it just feels empty and it's just too much work. When it comes to downsizing, it's best to start early, said Colette Robichaud, organizing consultant and coach. She said people in their 50s like her should start getting their minds around it.

"One of the main challenges is people don't start early enough, they think it's just going to happen and they don't want to think for any reason they would have to downsize."

But whether it's for health reasons, financial issues, being closer to amenities or family, or just simply wanting a smaller home, downsizing could be on the horizon.

Robichaud said first it's important to know how much space you'll have, decide what's necessary and how much room is left for sentimental items.

"So large sets of china that are really nice and have a sentimentality with it, they're tough to take," she said. "A lot of people move too much stuff and they're stuck with a cluttered living space which is not even safe, let alone looking

kooky."

Here's a good idea: get the floorplan of your new space and stretch out painters tape on the floor of your home. This way you'll get a good visual of what you can move with you. And you may need to rethink your furniture, Robichaud said. For example, it might make more sense for a dresser to be more vertical than wide.

Or if you're not ready to move yet, try living on one floor of your house to get used to living with less space.

Roy Thomas, seniors real estate specialist, said when you're ready to shop for a new space, first figure out what exactly you want and how much space you'll need.

"If you're going from a 3,000 square foot house to a 1,000 square foot apartment then you've got to pretty much eliminate two thirds of things."

And if you're thinking about buying a condo, Thomas recommended having a plan of how long you're going to be there. If you're selling it in two years, you might lose money on it, he said.

-JENNIFER TAPLIN



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sight night

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Edmonton

When the sun goes down on Saturday, September 17th, 2016, the light from hundreds of headlamps will bob and weave along the Rundle Park Pathway as enthusiasts and supporters of visually impaired Albertans join in **sight night** Edmonton – a fun run after dark.

Raising funds and awareness for the Alberta Sports and Recreation Association for the Blind (ASRAB), **sight night**, presented by Flaman Fitness, is more than just another run. It is a vision-optional event. Runners who are visually impaired will share the path with sighted runners. The after-dark timing makes it a more even playing field!

Enthusiastic participants will gather at Telus Field for a 5K or 10K **chipped** run or 2.5K run/walk and **all registrants will receive a high quality headlamp – the sight night light!**

A fun run after dark... vision optional

Find Out More & Register at [www.sightnightedmonton.ca](http://www.sightnightedmonton.ca)

\*\* Online registration closes on September 14th at 11:59 p.m. You can still register in person at package pick-up as well as in person on event day \*\*

## Run after dark: help support Edmonton's visually impaired

When the sun goes down is when hundreds of headlamps will weave along as run enthusiasts and supporters of visually impaired Albertans join together for the Edmonton Sight Night run.

It's a fun run after dark but for an important cause, according to Sight Night Run event chair Dean Kozak, who says the event raises both funds and awareness for the Alberta Sports and Recreation Association for the Blind (ASRAB).

"It supports some of the program demands for ASRAB in Edmonton, while also raising awareness for the organization. Runners who are visually impaired will share the path with sighted runners. The after-dark timing makes it a more even playing field," Kozak says.

The event is also very beneficial for the older demographic as well as many Alberta senior citizens compete in national and international lawn bowling championships. Lawn bowling is a popular game amongst senior citizens.

"We have a lot of seniors who not only participate in lawn bowling but compete at high levels and benefit greatly from this Sight Night. It's really great to see them having so much fun in a sport they love," Kozak adds.

CONTRIBUTED

About 400 people are expected to participate in the 2.5K, 5K, or 10K event on Saturday Sept. 17 at Rundle Park with a target goal of \$30,000.

For more information, please visit [sightnightedmonton.ca](http://sightnightedmonton.ca).



DeAndre Hopkins, who was fined \$6,000 by the NFL for his turtle dove coloured Yeezy cleats, will wear them again "if Kanye wants to pay the fine"

## The world is his stage

### WORLD CUP OF HOCKEY

### Crosby has come up big internationally for Canada

When Sidney Crosby first stepped onto the international stage, Team Canada fell flat.

It was 13 years ago in the summer of 2003 and Crosby had just turned 16. He was by far the youngest player on an under-18 squad shooting for an eighth consecutive gold medal at the junior World Cup. But that year, even with the prodigy on hand, Canada finished a distant fourth, trounced 8-2 by the hometown Czechs in the bronze-medal game.

It was by no means a preview of what was to come for Crosby on the world stage.

The Cole Harbour, N.S., native has won nearly everything there is to win while wearing the Maple Leaf, save the World Cup of Hockey, which he'll play in for the first time later this week.

Crosby has come up gold at the world juniors, world championships and twice at the Olympics.

"I feel like every time you

put on a Team Canada jersey, you're representing your country, there's a lot of pride that comes with that," Crosby said Thursday at World Cup media day.

His "golden goal" at the 2010 Olympics in Vancouver stands as one of the most impactful goals in the country's history. Indeed, Crosby has met expectations on the international stage, despite the bright spotlight and increased pressure that comes with being the most hyped player of his generation.

**“With that kind of format I think it brings out the best in everyone.”**

Sidney Crosby

"For Sid and a lot of these kids coming up, they have a little bit of an unfair target on their back at all times," said Ryan Getzlaf, a frequent teammate with Canada. "People expect so much out of them on a daily basis that they forget that they're still players and they're still humans. It's part of the role I guess that he's taken on his back and he's done

a great job with it."

While it may lack the significance of the Olympics, the World Cup is another chance at international glory on home turf for Canada.

Crosby thinks home-ice advantage can help. The group fed off the enthusiasm in Vancouver, he said.

"I think there's always pressure, there's always expectations (and) you may feel that a little bit more being at home," said Crosby, coming off his second Stanley Cup with the Pittsburgh Penguins last season. "But I think it's something you can definitely embrace and use to help you, too."

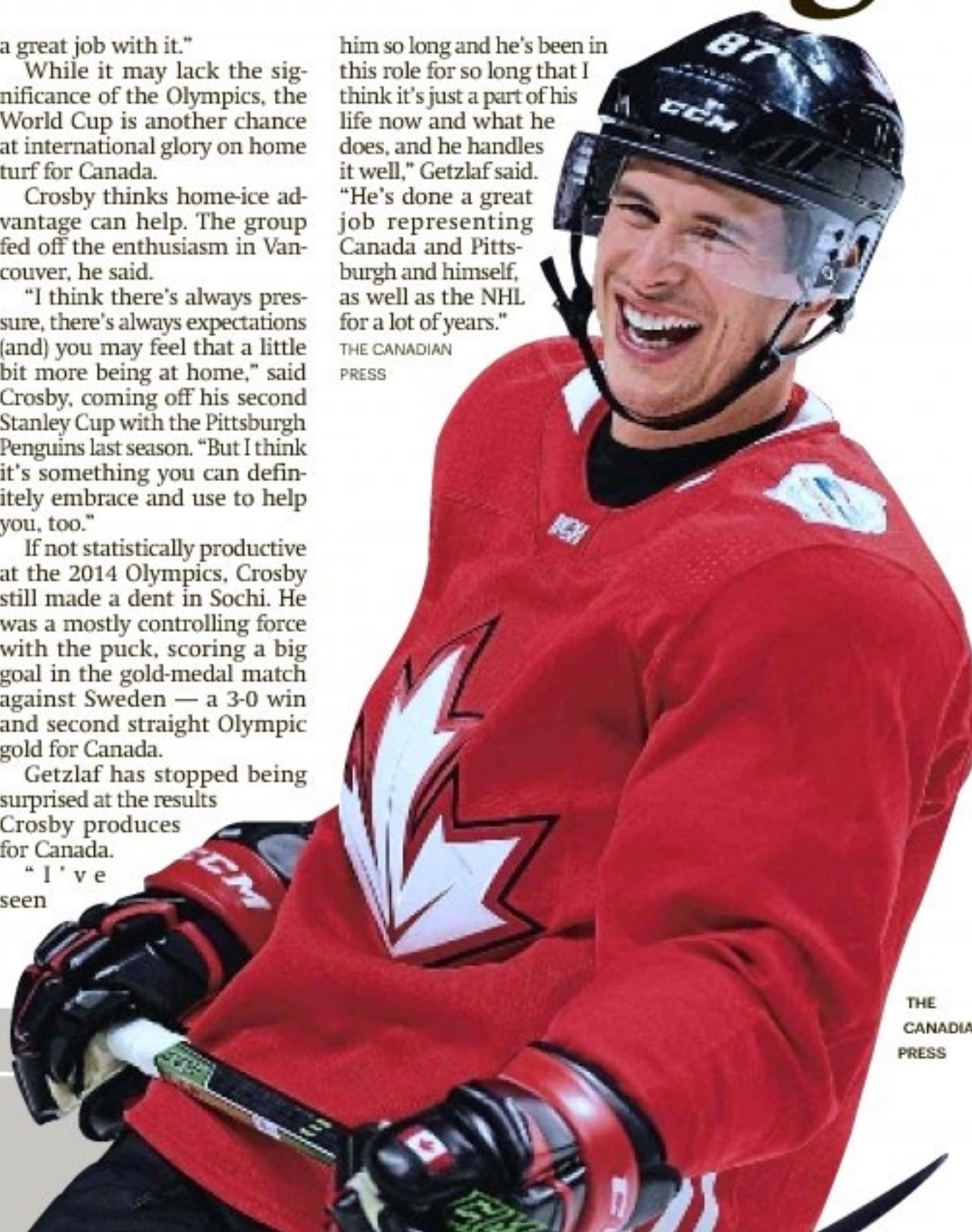
If not statistically productive at the 2014 Olympics, Crosby still made a dent in Sochi. He was a mostly controlling force with the puck, scoring a big goal in the gold-medal match against Sweden — a 3-0 win and second straight Olympic gold for Canada.

Getzlaf has stopped being surprised at the results Crosby produces for Canada.

"I've seen

him so long and he's been in this role for so long that I think it's just a part of his life now and what he does, and he handles it well," Getzlaf said. "He's done a great job representing Canada and Pittsburgh and himself, as well as the NHL for a lot of years."

THE CANADIAN PRESS



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## North America a test for a coach

Todd McLellan looks down his Team North America bench and sees an array of talent that would have any hockey scout drooling.

Captain Connor McDavid, taken first overall in the 2015 NHL draft, leads a squad that includes fellow No. 1 picks Auston Matthews (2016), Aaron Ekblad (2014), Nathan MacKinnon (2013) and Ryan Nugent-Hopkins (2011).

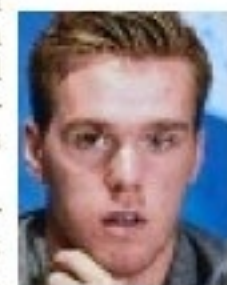
Add Jonathan Drouin, Jack Eichel, Johnny Gaudreau, John Gibson, Seth Jones, Matt Murray, Morgan Rielly, Mark Scheifele and Jacob Trouba and you have a World Cup team full of young stars.

You also have a different challenge than coaching an NHL squad.

"With the NHL team, there isn't 21 guys standing up and putting their leg over the board every power play," said McLellan, whose day job is leading the Edmonton Oilers. "Here they're all already on the ice and you've got to put 15 of them back on the players' bench."

North America went 2-1-0 in exhibition play, defeating Europe 4-0 and 7-4 and losing 3-2 to the Czech Republic.

THE CANADIAN PRESS



Connor McDavid  
GETTY IMAGES

### + WEEKEND SCHEDULE

#### SATURDAY

- USA VS. Europe, 3:30 p.m.
- Czech Republic vs. Canada, 8 p.m.

#### SUNDAY

- Sweden vs. Russia, 3 p.m.
- North America vs. Finland, 8 p.m.

\*All times Eastern



**“I know that's how good I am, and I can say that. It's not a problem for me. And if that's a problem to somebody else, it's not my problem.”** Finland player Patrik Laine



**“I'm cheering for those guys too every night that we don't play them ... I hope they play good, I just hope they lose.”** Team Canada head coach Mike Babcock on Team North America



**“He's a pretty exciting player right now. Certainly the Leafs will have a fun one to watch for many years.”** Team North America coach Todd McLellan on Auston Matthews

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# Parole for sex offender James

## LAW

## Former hockey coach assaulted a number of his players

A decision to grant convicted sex offender Graham James full parole sparked outrage Thursday from some of the players he abused when he was a junior hockey coach.

James, 64, is serving a federal sentence for sexually assaulting players with the Swift Current

Broncos of the Western Hockey League in the late 1980s and early '90s.

The Parole Board of Canada's decision followed a hearing in Quebec, where James has lived for several years.

The move to grant James full parole was swiftly denounced by some of his victims.

Victims' rights advocate Sheldon Kennedy, a former NHLer who was abused by James in his junior days, tweeted: "My thoughts are with his victims that struggle every day ... and all victims."

In an interview with Calgary

radio station CHQR, Kennedy said he believes James is likely to re-offend and that he won't stay away from minors.

"I personally am disappointed and I feel a sense of fear for Graham James entering our communities again," he said.

Ex-NHL star Theoren Fleury, another of James' sexual targets, repeated in a statement that "Canada is the Disneyland



Graham James  
THE CANADIAN PRESS

for pedophiles."

"With this judgment we are now, as always, to continue to focus on the path of healing and forgiveness," Fleury said. "If you are looking for closure from the justice system, this in many cases will never happen."

James, who works in technology sales in Montreal, was granted day parole in January and was living in a halfway house and part-time in an apartment. With full parole, he will now serve the remainder of his sentence in the community.

James is prohibited from being employed or volunteering if

it puts him in a position of trust with minors.

The other conditions of his full parole are:

- Not being in the presence of minors without an adult approved by a parole officer.
- Not communicating with his victims or their families.
- And having to report any relationship he begins with a male to his parole officer.

The conditions will remain in place until his sentence expires in 2019.

Parole board members said Thursday that James has shown "observable and measurable"

progress over the past months, presents a low risk to reoffend and is ready to move to the next phase of his rehabilitation.

Fleury, Kennedy and Fleury's cousin, Todd Holt, are among the six former players James has been convicted of sexually assaulting hundreds of times.

On Thursday, James said there were likely about 20 victims, but that most were "one-time touching" and that anyone he'd spent a lot of time with had come forward.

He has not reoffended since his first release from prison in 1998. THE CANADIAN PRESS

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Aurelie Rivard won another gold on Thursday night in the pool. FRIEDEMANN VOGEL/GETTY IMAGES

# Golden hat trick for magic Rivard

## PARALYMPICS

### Swimmer does it again while Huot racks up his 20th medal

Aurelie Rivard touched the wall, looked up at the time clock and smacked the water with delight.

The Canadian swim star demolished the field to win the 400-metre freestyle at the Rio Paralympics on Thursday, shattering the world record in the process.

"Oh man, I'm so happy, I really wanted it. I was so so nervous before the race," Rivard said, before darting away to prepare for the 4x100 freestyle relay. "I've been training for it for so long and now that I've done it, it's just so amazing."

It was her third gold — and fourth medal — of the Games. The 20-year-old from Saint-

Jean-sur-Richelieu, Que., who was born without a hand, pulled away over the final 200 metres to touch in a world-record four minutes 29.26 seconds. The previous mark was 4:32.79.

Australia's Monique Murphy was second in 4:35.09.

Benoit Huot of Longueuil, Que., captured the 20th medal of his illustrious career, winning bronze in the 400 free in likely his final Paralympic appearance.

"It's number 20, I can sleep in peace now. I can go in peace. I just feel it's a nicer number than 19," said a grinning Huot.

The 32-year-old, who was born with a club foot, flipped backwards over the lane rope in celebration when the results flashed up.

Ukraine swept gold and silver, with Maksym Krypak breaking the world record to win in 3:57.51. Denys Dubrov was second in 4:00.11.

**RIO 2016**

Huot finished in 4:04.63, a couple of seconds faster than he'd predicted he'd swim.

"But the magic came out, I had an amazing first 200, I knew I had to be aggressive and stay with the guys and not be behind like I often do," he said.

It was two of Canada's four medals on Day 8 of competition. The Canadians now have 24 medals, including seven gold for 13th in the country standings.

The seven gold also equals Canada's performance set in London four years ago.

In track and field, wheelchair racer Brent Lakatos of Dorval, Que., captured bronze in the 800 metres for his third medal of the Games. The 36-year-old won gold in the 100 and silver in the 400.

In cycling, Charles Moreau of Victoriaville, Que., was third in the road race for his second bronze medal of the Games.

THE CANADIAN PRESS

## MLB

### Ramirez pulls Sox back from brink

Hanley Ramirez hit a three-run homer with two outs in the ninth inning to finish off a five-run rally as the Boston Red Sox came back to beat the New York Yankees 7-5 on Thursday night and open a two-game lead in the AL East.

New York took a four-run lead after three innings and still led 5-1 when David Ortiz hit a solo homer in the eighth, the 537th of his career, passing Yankees Hall of Famer Mickey Mantle for 17th on baseball's

all-time list. Ortiz also had an RBI single off Dellin Betances (3-6) in the ninth.

There were still two on and two outs when Ramirez worked a 3-1 count and then sent the next pitch to straightaway centre field. The victory in the opener of a four-game series against its archrival snapped Boston's two-game skid.

Starlin Castro had four hits and new addition Billy Butler drove in a pair of runs in his Yanks debut. THE ASSOCIATED PRESS

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## IN BRIEF

### Sonnen back with Bellator

Chael Sonnen is coming back to the cage, and he's doing it with Bellator.

Sonnen will return to mixed martial arts with the UFC's biggest competitor, the veteran fighter said on Thursday night.

The 39-year-old Sonnen signed a multiyear, multi-fight deal with Bellator.

"This is the only game I know how to play," Sonnen said. "This is what I do. This is just the only life I know."

THE ASSOCIATED PRESS

## YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to [metronews.ca/games](http://metronews.ca/games)



8	5	1	9	6	4	3	2	7
9	7	6	2	8	3	4	5	1
3	4	2	1	5	7	9	6	8
1	9	5	6	3	2	7	8	4
4	6	7	8	1	5	2	3	9
2	3	8	7	4	9	5	1	6
7	8	9	5	2	6	1	4	3
6	2	3	4	7	1	8	9	5
5	1	4	3	9	8	6	7	2



# **RECIPE White Bean Tuna Salad**



PHOTO: MAYA VISNVEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

This salad plays the perfect balancing act — the veggies keep things light, while the beans and tuna make it a satisfying meal.

## **Ready in 30 minutes**

Prep time: 5 minutes  
Cook time: 25 minutes  
Serves 4

## **Ingredients**

- 1 x 5 oz can of tuna
- 1 x 15 oz can of cannellini beans
- 1/4 cup red onion, diced fine
- 3 Tbsp lemon juice
- 2 Tbsp olive oil
- salt and pepper to taste
- 4 or 5 radishes, thinly sliced
- 8 or so cherry tomatoes, cut in half
- 1 bunch of arugula, washed, dried and trimmed

- 2 handfuls of fresh basil, washed, dried and trimmed

## **Directions**

**1.** In a large-ish bowl, mix together the tuna, beans and onions.

**2.** In a small bowl, whisk lemon juice and olive oil, pour over tuna and mix. You don't want to lose all the texture of the tuna, so don't overdo it. Add salt and pepper to taste. Cover with cling film and chill up to an hour. You can skip this step but it will enhance the flavour.

**3.** Now it's just an assembly job. You've got four plates. Lay out a handful of greens on each plate, a scoop of tuna deliciousness and then scatter tomatoes, radishes and basil on top.

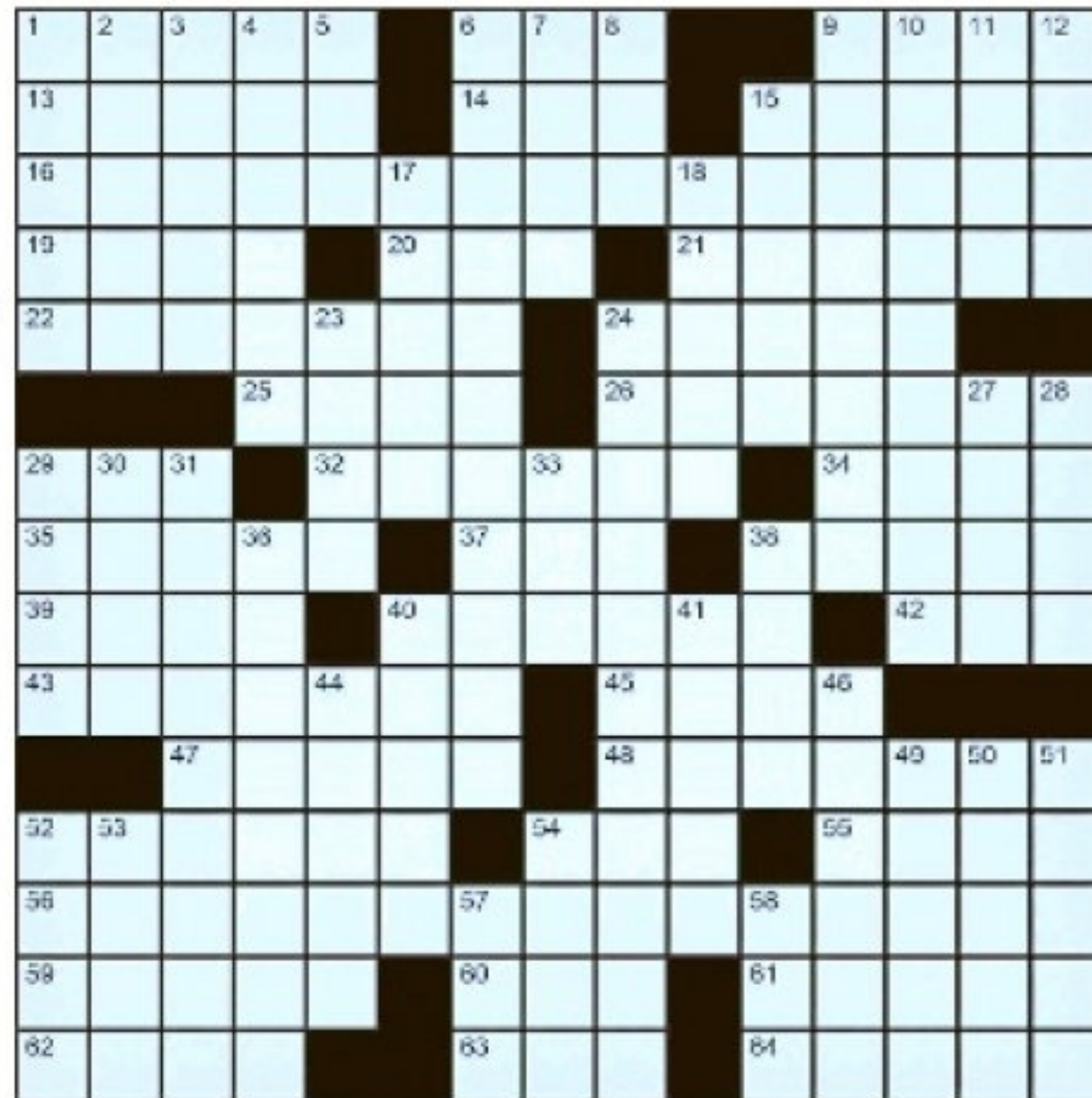
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# **CROSSWORD Canada Across and Down**

BY KELLY ANN BUCHANAN

## **ACROSS**

1. "Fiddlesticks!"
6. Vitality
9. "Ac-Cent-\_-Ate the Positive"
13. School: French
14. Mason's load holder
15. \_ it up (Celebrate)
16. Casually wear a shirt with these: 3 wds.
19. "...\_ it seems." (That's how things look)
20. Higher-than-a-King symbol
21. Chauffeur's uniform
22. Second 'N' of CNN
24. Granny Smith's gadget?
25. \_Tzu (Woof! Woof!)
26. Drink water
29. Hotness
32. \_ up, as muscle cars
34. President Putin, to pals
35. Captain Benjamin \_ on "Star Trek: Deep Space Nine"
37. 1989: "Get on Your Feet" singer \_her initials-sharers
38. \_ Falls (Vancouver Island's high waterfall)
39. Medieval silk/gold fabric
40. Town on Lake Ontario east of Toronto
42. Academic year div.
43. "Huh...?": 2 wds.
45. "...\_ rodent!"



47. Fathers: French
48. Edmonton-born actress, \_ Chong
52. \_ Marcus (American retailer)
54. Hip-Hop music label co-founded by Birdman, for short
55. Margarine
56. Journalistic group

- since 1846: 2 wds.
59. Fall guy
60. Airport screen wd.
61. Bristly hairs
62. Python's plaints
63. Pub order
64. All in \_ work

## **DOWN**

1. 1955: Ousted leader of Argentina, Juan \_
2. Outcome of interest to a sports fan
3. "The Planets" composer Gustav
4. Permits
5. Small
6. Montreal-born ce-

- lebrity chef/restaurateur: 2 wds.
7. Optimism
8. Egos and \_
9. "Bitter Sweet Symphony" act: 2 wds.
10. Car mechanic uniforms
11. Tiller
12. \_-daisy!

15. Kelly LeBrock movie, "... Science" (1985)
17. Racecar driver Mr. Franchitti
18. American architect, Frank \_ Wright
23. "...\_ that's how it's gonna be, eh?!"
24. Just east of Calgary city called 'Alberta's Oasis'
27. "Shark \_" (2004)
28. Cheesy ball
29. Joni Mitchell's "The Last Time \_ Richard"
30. Sumptuous
31. Reality rejecters
33. Spuds exporter, e.g.
36. British supermodel: 2 wds.
38. "Coach" star, Jerry Van \_
40. "... Was Young" by Eric Burdon & The Animals
41. Shaver's target
44. Canadian racecar great Paul
46. Worshipped
49. Prince Valiant's beloved
50. "Shall \_...?" (How does this work for everyone)
51. Breathers
52. Shortly snoozes
53. Those, in Spain
54. Key below Shift
57. Battery size
58. Safety message, e.g.

# **\* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake**

**Aries** March 21 - April 20  
Today's Full Moon could trigger problems with co-workers, customers and clients. Just be patient, because this is only a 48-hour stress.

**Taurus** April 21 - May 21  
The Full Moon today can make people emotional and reactionary. You might notice this in romantic relationships; you also will notice it when dealing with children. Just be patient.

**Gemini** May 22 - June 21  
It will be difficult to fulfill the demands of home and family versus the demands of your career and public reputation. Today you cannot ignore home and family.

**Cancer** June 22 - July 23  
This is an accident-prone day for your sign, because of the energy of the Full Moon. Therefore, go slowly and think before you speak or act. Pay attention!

**Leo** July 24 - Aug. 23  
Disputes about money, possessions or loans might arise today because the Full Moon always brings things to a head. Don't be overreactive. Think positive.

**Virgo** Aug. 24 - Sept. 23  
Today the only Full Moon opposite your sign all year is taking place. That's why relations with partners and close friends are testy and fragile. Be nice.

**Libra** Sept. 24 - Oct. 23  
Be extra-patient when dealing with others today, especially at work or on the job. Whenever there is a Full Moon, everyone is reactionary and more emotional than usual.

**Scorpio** Oct. 24 - Nov. 22  
Don't jump the gun when dealing with friends or a member of a group today. Wait to see what they want. Today is a Full Moon, and this can affect your relations with others.

**Sagittarius** Nov. 23 - Dec. 21  
Despite the demands of home and family, you have to acknowledge the demands of your job or even your public image today. (The Full Moon will create conflicts here.)

**Capricorn** Dec. 22 - Jan. 20  
Pay attention to everything you say and do today, because this is a mildly accident-prone day for your sign, simply because of the Full Moon energy.

**Aquarius** Jan. 21 - Feb. 19  
Quarrels about money and shared possessions might arise today because of the Full Moon. This is a poor day to discuss how to divide an inheritance.

**Pisces** Feb. 20 - March 20  
Today the only Full Moon in your sign is taking place. This can make you more emotional than usual. Take a deep breath and chill out.

## **CONCEPTIS SUDOKU by Dave Green**

Every row, column and box contains 1-9

		7	1	9	4			
	1		4	7	6		8	
4								3
3	7						1	5
	8			2			9	
6	2						4	7
5								1
	3		8	6	2		5	
		2	7		1	6		

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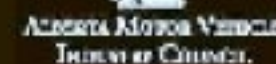
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